Printed: 11/20/2024 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	her rights. **NOTE- TERMS IN BRACKETS H Based on observations, record reviresidents in a dignified manner by through her brief onto her draw she (Resident #2) who had a bowel modinner while smelling the bowel modinner with the findings included: 1. Resident #17 was admitted to the included Alzheimer's disease, dem Resident #17"s Care Area Assessr assessment dated [DATE] revealed cognitive impairment. Resident was related to her incontinence. Resident #17's most recent quarter severely impaired for daily decision	ified existence, self-determination, com- HAVE BEEN EDITED TO PROTECT Contewns, resident, family and staff interview not providing incontinence care prior to est. In addition, the facility failed to provide the providence of the facility on the facility failed to provide the facility on and the provident for 3 of 6 residents reviewed from the facility on [DATE] and readmitted or entia, seizure disorder and anxiety discontent summary completed with her annual set at risk for developing pressure ulcer a sent was totally dependent on nursing starty Minimum Data Set assessment date in making and required extensive to total ally dependent on 1 staff member for total series.	ONFIDENTIALITY** 37019 ws, the facility failed to treat of a resident (Resident #17) wetting vide incontinence care to a resident or roommate (Resident #1) ate or dignity and respect. In [DATE] with diagnoses which order. ual Minimum Data Set (MDS) dder due to decreased mobility and and urinary tract infection (UTI) aff for incontinence care. ed [DATE] revealed she was all assistance of 1 to 2 staff with all

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

If continuation sheet Page 1 of 33

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIE Ridge Valley Center for Nursing an		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con		agency.
(X4) ID PREFIX TAG			on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Resident #17's care plan dated 09/15/21 revealed a plan of care for her incontinence of bowel and blar related to her confusion and impaired mobility. The goal was for Resident #17 to remain free from infe		continence of bowel and bladder #17 to remain free from infection, of 11/20/21. The interventions neum, change clothing prn after posable briefs per manufacturer's y to promote prompted voiding ent does not use bathroom), JTI such as burning, pain, blood out smelling urine, fever, chills, itor/document/report to MD prn loss of bladder tone, weaking of ation side effects, and obtain conference room revealed she had ed in the door. The family member and NA #11 told her she had not kfast. NA #11 had been into ly member told her no and came to nother resident was in. The family ed, she usually changed her and not done. She indicated this was a to Resident #17 for the 3:00 PM to get supplies for her incontinence revealed the resident had wet her ind the brief and the cotton layer in yer was balled up in the center of er her on the bed. Resident #17 to was placed under her on top of the resident had been checked or

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	PM revealed she had only been ab Resident #17 after breakfast and wher no that she wanted the surveyor to the resident prior to 2:00 PM due further stated this was her first wee was only 3 NAs in the building. NA was assigned to care for and said to Resident #17 was supposed to get not even had time to give her a bed lately for the NAs to have 20 or mo hours. Interview on 10/12/21 at 4:45 PM with challenges at the facility. The DON time employed nurse on evening sinurses. She further stated they recibut still had quite a few open positic changed as needed or at least eve being checked for incontinence. 2. Resident #2 was admitted to the included Alzheimer's disease, dem Resident #2's most recent Minimur extensive to total assistance of 1 to she required extensive assistance Resident #2's care plan dated 10/1 bladder due to diagnosis of demen for the resident to remain free from date of 01/20/22. The interventions manufacturer's recommendation, cand prn, clean peri-area with each between with med pass, observe for cloudiness, no output, deepening of foul smelling urine, fever, chills, alto observe/report prn any possible ca	with NA #11 who had taken care of Resplet to change the resident once today. Navent in to change her around 2:00 to 2:3 fors to see her changed. NA #11 stated to to all the feedings, lifts, and everythin exit off orientation and she was overwhele #11 indicated she was overwhelmed withere was not enough time to get every a shower today but there was no one of the bath due to her workload. According the residents to care for and there was no with the interim Director of Nursing (DO I stated there was only 1 full time employed hift and the rest of the nurses were PR ently had increased their base salary to sons. The DON indicated she expected by 2-3 hours and would not expect residentia, osteoarthritis, and anxiety disorded in Data Set (MDS) assessment dated [I to 2 staff with most activities of daily living 1 staff with toileting and wore briefs. 2/21 revealed there was a plan of care tia and was at risk of UTI and pressure is skin breakdown due to incontinence as included barrier cream as ordered, us theck during care rounds when soiled a incontinence episode, encourage adector signs and symptoms of UTI including of urine color, increased pulse, increase ered mental status, change in behavior uses of incontinence, bladder infection eased bladder capacity, diabetes, stroken.	NA #11 stated she had changed 30 PM and the family member told she had not been able to get back g else she had to do today. NA #11 lmed with the workload when there with the number of residents she thing done. She further indicated doing showers and said she had to NA #11, it was pretty normal no way to get everything done in 8 N) revealed there were staffing byed nurse on day shift and 1 full N (as needed) or were agency to be more competitive with hiring residents to be checked and dents to go for over 4 hours without DATE] with diagnoses which ler among others. DATE] revealed she required ng (ADL). The MDS further revealed to the long incontinent of bowel and the for being incontinent of bowel and the lucer development. The goal was not brief use through the review e of disposable briefs according to fund prn, clean peri-area when soiled quate fluid intake with meals and grain, burning, blood tinged urine, and change in eating habits, constipation, loss of bladder tone,

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NAME OF PROVIDER OR SUPPLIE	ER .	STREET ADDRESS, CITY, STATE, ZII	P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying information	on)
Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Interview on 10/11/21 at 4:00 PM with family members visiting Resident #2 revealed they were not please with the resident's care. One of the family members further revealed they were blessed to have Resident as their family member's roommate because she looked out for Resident #2. The other family member described an incident recently in which Resident #2 had sat in her own poop for over 4 hours because the NA assigned to her had not come in and changed her as requested by the roommate, Resident #1. The family member stated Resident #1 had realized when she smelled it that Resident #2 had a bowel mover and when she rang the call light they had not come and changed Resident #2 for over 4 hours. The family member further stated there was no excuse for allowing an elderly person who could not care for herself t sit in poop for that long at a time. She indicated it was not good for her skin to go that long without being changed. The family member indicated they had complained to the Director of Nursing about the care and were told we are short staffed and doing the best we can. The family member further indicated that is not what you want to hear when you are concerned about the care your loved one was receiving in the nursin home. Interview on 10/11/21 at 4:30 PM with Resident #1 who is the roommate of Resident #2 revealed on Saturday, 10/09/21, at 4:00 PM she rang her call light for Resident #2. Resident #1 stated Resident #2 had bowel movement and she could smell it, so she rang her light for a NA to come in and change Resident #2. Resident #1 further stated NA #7 she had had a bowel movement and she could smell it and NA #7 sagain she had just changed the resident. Resident #1 further indicated it was 8:45 PM before NA #7 came and changed Resident #2. Resident #1 explained that she and Resident #2 had to eat their dinner while smelling her bowel movement. Resident #1 further explained that she informed Resident #2's family abou the incident and complained about it and was told (could not remember by whom) that		#2. The other family member op for over 4 hours because the roommate, Resident #1. The Resident #2 had a bowel movement it #2 for over 4 hours. The family who could not care for herself to in to go that long without being or of Nursing about the care and ber further indicated that is not one was receiving in the nursing if Resident #2 revealed on sident #1 stated Resident #2 had a come in and change Resident #2. If she could smell it and NA #7 said was 8:45 PM before NA #7 came in 2 had to eat their dinner while remed Resident #2's family about whom) that it was being she had looked at her watch when

Interview on 10/12/21 at 4:45 PM with the interim Director of Nursing (DON) revealed there were staffing challenges at the facility. The DON stated there was only 1 full time employed nurse on day shift and 1 full time employed nurse on evening shift and the rest of the nurses were PRN (as needed) or were agency nurses. She further stated they recently had increased their base salary to be more competitive with hiring but still had quite a few open positions. The DON indicated she expected residents to be checked and changed as needed or at least every 2-3 hours and would not expect residents to go for over 4 hours without being checked for incontinence.

and they were lucky to get 2 rounds done on every resident. NA #7 indicated if she didn't change Resident #2 when Resident #1 rang the bell for her it was probably because she was cleaning another resident and then supper trays came out and she had to pass trays and feed residents that need to be fed and then after all trays are collected you can then start your second round. NA #7 further indicated they don't purposely leave someone wet or messed up but sometimes it was impossible to get everything done for everybody and

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you just had to do the best you can.

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NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing an		1000 College Street Wilkesboro, NC 28697	PCODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0561 Level of Harm - Minimal harm or potential for actual harm	Honor the resident's right to and the facility must promote and facilitate resident self-determination through support of resident choice. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37019		
Residents Affected - Some	Based on observations, record reviews, resident, family and staff interviews, the facility failed to honor the residents 'preferences regarding preferred number of showers or bed baths per week for 3 of 3 residents (Resident #1, Resident #6, and Resident #9) reviewed for choices. The findings included:		
	week on Monday. There was no inc	10 with her annual Minimum Data he call bell for assistance, was bed The CAA summary further revealed ek. Int dated [DATE] revealed she was of 1 staff member for bathing. Interequiring physical assistance daily a activities of daily living (ADL) as significant decline in ADL through vering: dependent on 1-2 nursing praise all efforts at self-care and ervision with no more than 1 Cheduled for showers only once per	
	provided. (continued on next page)		

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NAME OF PROVIDER OR SUPPLII	-D	STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing ar		1000 College Street Wilkesboro, NC 28697	. 6052
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0561 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview on 10/11/21 at 4:30 PM v showers as scheduled as well as o Nurse Aides (NAs) calling in and w floor and unable to do showers. Sh because the NA scheduled for sho #1 indicated her last shower had be 11/08/21 but there was no one at the floor. According to Resident #1, sh requested a shower every other dashowers per week. She explained said she preferred showers over be explained she liked to be clean becomell or not appear clean at the dialinterview on 10/12/21 at 11:27 AM day, NAs had 20 to 25 residents are care for. NA #14 stated bathing and showers done. Interview on 10/12/21 at 12:07 PM stated recently (the past 3-4 weeks not done as scheduled. NA #1 furth and there were only 2 shower room done unless there were residents the shower days, but it was difficult to the had disappeared and had not been interview on 10/12/21 at 3:15 PM v #7 indicated the NA to resident ration assigned work. She stated on bad sometimes they were not able to go Interview on 10/12/21 at 3:55 PM v to 11:00 PM shift. She stated there able to get any showers done on the Interview on 10/12/21 at 4:45 PM v challenges at the facility. The DON time employed nurse on evening sinurses. She further stated they recount by the should get to get any should get to serve and should get to the sh	with Resident #1 in the activities room on their residents. Resident #1 stated their they called in the NA assigned to see further stated she had gone 2 weeks wers was pulled to work the floor due to be facility to do showers that day. The see preferred her showers on Tuesday are yout was told (could not remember by she was used to showering every day per do baths or partial baths because she facuse she went out in public to dialysis alysis center. With Nurse Aide (NA) #14 revealed on the dialysis center was no way to get everything of the dialysis center with NA #1 revealed she usually did she she had been pulled to the floor to fill the she	evealed she was not getting her e was a problem at the facility with showers was pulled to work on the recently without getting a shower or another NA calling out. Resident e was supposed to get a shower on shower NA was pulled to work the nd Friday and stated she had whom) that she would get two orior to coming to the facility and elt cleaner. Resident #1 further 3 times a week and did not want to day shift for at least 4 hours of the done with that many residents to e there was not enough help to get nowers if showers were done. She in for call outs and showers were to 16 showers scheduled per day hold probably get 10 to 12 showers there were a lot of lifts, NA #1 said do baths were done sometimes on the tray for washing hair in the bed showers but since they were not able to complete all the completed as scheduled and were doing showers on the 3:00 PM showers but since they were not 2 NAs assigned to showers. N) revealed there were staffing oved nurse on day shift and 1 full N (as needed) or were agency to be more competitive with hiring dents wanted their showers on the residents receive their showers

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his skin itched him all the time and he looked forward to his showers. Resident #9 stated that on some days the staff wiped him off, but it was not as thorough as a shower bath which he preferred. The Resident continued to explain that when he does not receive his showers the staff tell him that they do not have enough staff to give showers. During an interview with Nurse Aide (NA) #1 on 10/11/21 at 2:58 PM the NA confirmed she cared for Resident #9 on 10/08/21 on morning shift and provided a partial bath for the Resident because there was not a person scheduled to give showers that day. Attempts were made to interview Nurse Aide #9 who worked on 10/08/21 evening shift but the attempts were unsuccessful. During an interview with the Director of Nursing (DON) on 10/12/21 at 4:30 PM she reviewed Resident #9's Bathing record since October 1st, 2021 and acknowledged that the Resident had not received his two scheduled showers a week for at least two weeks. The DON explained that if the residents wanted their showers on certain days then they should get them, and it was her expectation that the residents receive their showers when they wanted their showers. The DON also added that if the showers were not documented then they were not done. An interview was conducted with Nurse Aide (NA) #2 on 10/13/21 at 2:10 PM who confirmed she worked with Resident #9 on 10/01/21 morning shift. The NA explained that the Resident did not received a shower that shift because there was not a staff person scheduled to give showers that shift. An interview was conducted with Nurse Aide (NA) #3 on 10/13/21 at 2:20 PM who confirmed she cared for Resident #9 on 10/01/21 evening shift. The NA explained there was no person scheduled to give showers that day because they had to be pulled to the floor therefore, Resident #9 did not receive his scheduled shower.				NO. U938-U391
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesborn, NC 28687 For Information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) 37280 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some The quarterly Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #9 was cognitively intact for daily decision making and required supervision assistance of one staff for bathing. A review of the Shower Schedule revealed Resident #9's shower was scheduled for Monday and Friday. A review of Resident #9's Bathing record for October 01, 2021 through October 12, 2021 revealed the Resident received a shower on Monday October 41th and Monday October 11th. A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 1st or Friday October 1st or Friday October 41th for the morning or evening shills. An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he was scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident showers in skin fiched him all the time and he looked forward to his showers. Resident 19's stated that on some days that the showers has staff full him that they do not have enough staff to give showers. During an interview with Nurse Aide (NA) #1 on 10/11/21 at 2.58 PM the NA confirmed she cared for Resident 19'0 on 10/08/21 evening shift but the attempts were nursuccassful. During an interview with the Director of Nursing (DON) on 10/12/21 at 4.30 PM she reviewed Resident #9's Bathing record since October 1st, 2021 and acknowledged that the Resident and not received his two scheduled showers a week for at least two weeks. The DON as opplained that if the residents wanted their showers on certain days then t		IDENTIFICATION NUMBER:	A. Building	COMPLETED
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28687 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) 37280 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some The quarterly Minimum Deta Set (MDS) assessment dated [DATE] revealed Resident #9 was cognitively intact for deily decision making and required supervision assistance of one staff for bathing. A review of the Shower Schedule revealed Resident #9's shower was scheduled for Monday and Friday. A review of Resident #9's Bathing record for October 01, 2021 through October 12, 2021 revealed the Resident received a shower on Monday October 41th and Monday October 11th. A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 1st or Friday October 81th for the morning or evening shifts. An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he was scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident showers have shifted the original shift with the properties. The part of the part o	NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDED OR SUPPLIED		P CODE
(XA) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) 37280 2. Resident #9 was admitted to the facility on [DATE] with diagnoses that included heart failure and renal insufficiency. The quarterly Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #9 was cognitively inlact for daily decision making and required supervision assistance of one staff for bathing. A review of the Shower Schedule revealed Resident #9's shower was scheduled for Monday and Friday. A review of the Daily Staffing record for Cotober 01, 2021 through October 12, 2021 revealed the Resident received a shower on Monday October 4th and Monday October 11th. A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 15th or Friday October 8th for the morning or evening shifts. An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he was scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident stated before last night (10/12/21) he had not received a shower for 7 days and than son to kay with imb because his skin itched him all the time and he looked forward to his showers. Resident #9 stated that on some days the staff wiped him off, but it was not as thorough as a shower bath which he are not obtain that when he does not receive his showers the staff tell him that they do not have enough staff to give showers. During an interview with hurse Aide (NA) #1 on 10/11/21 at 2:58 PM the NA confirmed she cared for Resident #9 on 10/08/21 on morning shift and provided a partial bath for the Resident because there was not a person scheduled to give showers that day. Attempts were made to interview Nurse Aide (NA) #1 on 10/11/21 at 4:30 PM she reviewed Resident #9 showers on certain days then they should get them, and it was her expectations varied his two scheduled showers a week for at least two weeks. The DON septia	Ridge Valley Center for Nursing an	d Rehabilitation	1000 College Street	
F 0561 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some The quarterly Minimum Data Set (MDS) assessment dated [DATE] evealed Resident #9 was cognitively intact for daily decision making and required supervision assistance of one staff for bathing. A review of the Shower Schedule revealed Resident #9's shower was scheduled for Monday and Friday. A review of the Shower Schedule revealed Resident #9's shower was scheduled for Monday and Friday. A review of the Daily Staffing record for October 01, 2021 through October 12, 2021 revealed the Resident received a shower on Monday October 4th and Monday October 11th. A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 1st or Friday October 1st or Friday October 8th for the morning or evening shiffs. An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he was scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident stated before last right (10/12/21) he had not received a shower for 7 days and that was not okay with him because his skin itched him all the time and he looked forward to his showers. Resident #9 stated that on some days the staff wiped him off, but it was not as shower bath which he preferred. The Resident continued to explain that when he does not receive his showers. But will him because his showers showers as showers. During an interview with Nurse Aide (NA) #1 on 10/11/21 at 2:58 PM the NA confirmed she cared for Resident #9 on 10/08/21 on morning shift and provided a partial bath for the Resident because there was not a person scheduled to give showers that day. Attempts were made to interview Nurse Aide #9 who worked on 10/08/21 evening shift but the attempts were unsuccessful. During an interview with the Director of Nursing (DON) on 10/12/21 at 4:30 PM she reviewed Resident #9's Bathing record since October 1st, 2021 and acknowledged that the Resident had not rece	For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
Level of Harm - Minimal harm or potential for actual harm 2. Residents Affected - Some 2. Residents Affected - Some 3. The quartery Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #9 was cognitively intact for daily decision making and required supervision assistance of one staff for bathing. 3. A review of the Shower Schedule revealed Resident #9's shower sax scheduled for Monday and Friday. 4. A review of Resident #9's Bathing record for October 01, 2021 through October 112, 2021 revealed the Resident received a shower on Monday October 4th and Monday October 11th. 5. A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 1st or Friday October 8th for the morning or evening shifts. 5. An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he was scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident stated before last night (10/12/21) he had not received a shower for 7 days and that was not okay with him because his skin inched him all the time and he looked forward to his showers discident #9 stafed that on some days the staff wiped him off, but it was not as thorough as a shower bath which he preferred. The Resident continued to explain that when he does not receive his showers the staff tell him that they do not have enough staff to give showers. 5. During an interview with Nurse Aide (NA) #1 on 10/11/21 at 2:58 PM the NA confirmed she cared for Resident #9 on 10/08/21 on morning shift and provided a partial bath for the Resident because there was not a person scheduled to give showers that day. 6. Attempts were made to interview Nurse Aide #9 who worked on 10/08/21 evening shift but the attempts were unsuccessful. 7. During an interview with Nurse Aide (NA) #3 on 10/13/21 at 2:10 PM who confirmed she cared for Resident #9 on 10/01/21 morning shift. The NA explained that the Resident did not received a shower that that shift because there was	(X4) ID PREFIX TAG			
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FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID:

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDER OR SUPPLIE	- n	STREET ADDRESS, CITY, STATE, ZI	D CODE	
Ridge Valley Center for Nursing an		1000 College Street Wilkesboro, NC 28697	PCODE	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0561 Level of Harm - Minimal harm or potential for actual harm	3. Resident # 6 was readmitted to the facility on [DATE] with diagnoses that included paranoid schizophrenia, major depression, moderate intellectual disabilities, anxiety disorder, epilepsy, suicidal ideations, diabetes, chronic obstructive pulmonary disease, congestive heart failure, atrioventricular block, and morbid obesity.			
Residents Affected - Some	cognitively intact for daily decision	Data Set (MDS) assessment dated [DA making and was extensive assistance of giene and total dependence with 2-pers	with 1-person assist for bed	
		0/20 with a review date of 11/29/21 rev ith a goal to remain at current level of f	, , ,	
	A review of the shower schedule re	evealed Resident # 6 was to receive sho	owers every Monday and Thursday.	
		vey Report v2, type: bathing schedule, ths of June 2021 through October 10,		
	An interview with Resident # 6 on 10/11/21 at 12:23 PM revealed he did not want to have showers but only wanted a bed bath daily. Resident # 6 further revealed he'd had no bed bath today and he never refused be baths. He stated sometimes he would get them in the morning, sometimes in the afternoon and sometimes would not get them at all.			
	An interview with Nursing Assistant (NA) # 5 on 10/11/21 at 3:10 PM revealed she did what she could in the amount of time she had. NA # 5 further revealed she occasionally gave a bed bath but the shower person would give the bed baths and they were done any time throughout the first shift.			
	An interview with NA #14 on 10/12/21 at 11:27 AM stated the NAs sometimes had 20-25 residents to ca and there wasn't enough time to get everything done. NA # 14 further stated showers and bed baths often were not done because there wasn't enough help.			
	An interview with the Interim Director of Nursing (DON) on 10/12/21 at 4:45 PM revealed if the residents wanted a shower or bed bath on certain days they should get them. The Interim DON further revealed if the resident did not want a shower, they should be getting a bed bath every day. The Interim DON stated if the showers or bed baths were not documented, they were not done.			

Printed: 11/20/2024 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF DROVIDED OR SURDIUS	- n	STREET ADDRESS CITY STATE 71	D CODE
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	PCODE
Ridge Valley Center for Nursing an	nd Renabilitation	Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0600	Protect each resident from all types and neglect by anybody.	s of abuse such as physical, mental, se	xual abuse, physical punishment,
Level of Harm - Actual harm Residents Affected - Few	**NOTE- TERMS IN BRACKETS H	NAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090
Residents Affected - Few	Based on observation, record review and staff interviews, the facility neglected to provide incontinence care to a resident who was soiled with urine and resulted in a small reddish open area on her buttocks for 1 of 4 (Resident #23) residents reviewed for activities of daily living. The resident stated that her bottom was burning like it was on fire and wished she could care for herself, so she did not have to sit in a soiled brief.		
	The findings included:		
	Resident #23 was admitted to the facility on [DATE] with diagnoses that included hemiplegia following a cerebral accident affecting her left non-dominate side, contractures, moisture associated dermatitis, urinary incontinence, and anxiety.		
	Resident #23 has a skin care plan	revised 5/19/21 which indicated she wa	as at risk for skin breakdown.
	with a goal of no skin breakdown d	05/25/21 indicated Resident #23 was in ue to incontinence with interventions the indance from staff for incontinence care	at included peri-care after each
	remain clean, dry and odor free and	t care plan related to total incontinence d interventions to include the need for a sonal physical assistance for bed mobi	assistance by staff for personal
	A quarterly Minimum Data Set (MDS) dated [DATE] revealed Resident #23 to be require extensive assistance for her bed mobility and personal hygiene needs. The MDS further indicated Resident #23 was always incontinent of bowel and bladder.		
	A Brief Interview of Mental Status (BIMS) dated 10/05/21 indicated Resident #23 was cognitively intact.		
	An observation and interview made on 10/11/21 at 12:45 PM revealed Resident #23 laying on her back in bed yelling for assistance with incontinence care. Resident #23 was pulling at the blue incontinence brief she wore that was partially covered by a white sheet and she said, please change me, my bottom it is on fire. There was a strong urine odor in the room during the observation. Resident #23's call light was not on during the observations; however, she was heard requesting assistance from outside of the door by the surveyor who entered.		
	(continued on next page)		

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

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			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0600 Level of Harm - Actual harm Residents Affected - Few	An observation and interview made still on her back yelling for assistant stated it is hurting worse; someone take care of myself, so I didn't need would make the nurse aware she in the desk at the nurses' station and. An observation and interview made assistance requesting incontinence was burning like it was on fire and indicated she thought she had a hout. The surveyor approached the requesting assistance with incontine. An observation on 10/11/21 at 3:47 revealed Resident #23 lying in bed the interior cotton lining separating visibly wet with a yellow liquid subs #23's buttocks revealed a quarter speri-area. The area was open and #12 began to wipe Resident #23's throughout the procedure. Once the NA #19 covered Resident #23 up with the work of the day shift should have provided the state of which Resident wet. They felt the open area #23 before and stated they would lead to the state of the day with Wound Nurse on facility; however, she had recently resident wounds. Wound Nurse income a reddened open area visible during An observation and interview with wobservation of Resident #23's buttocks. Wound Nurse was	e on 10/11/21 at 1:00 PM revealed Responsible to the incontinence care while staff with please get this off me before I have at a danyone to wipe my butt and sit wet. The seeded assistance. The surveyor then the nurse said she would have an Nurse at on 10/11/21 at 3:45 PM revealed Responsible to the nurse said she would have an Nurse at care and when approached became the felt like she couldn't barely stand to sit of the on her butt. Resident #23 verbalized nurses' station and notified the oncomination of the policy of the provided by with a blue brief heavily saturated with and shedding from the brief linings. The stance present. The brief was discarded sized red circular area to the left lower I non-blanchable approximately 1 inch from the bottom, Resident #23 continued to come incontinence care was completed with with the sheet and the Resident #23 states and 10/11/21 at 3:53 PM stated they are to the left lower the sized incontinence care to Resident #23 presented during the incontant and served was new to their knowledge and served was new to their knowledge.	ident #23 continue to lay in her bed alked by the room. Resident #23 hole in my butt. I wish I could just the surveyor told the resident she old a nurse who was sitting behind se Aide (NA) to take care of it. ident #23 was again yelling for earful saying her buttocks felt like it on it any longer. Resident #23 d staff did not help when she called ng nurse that Resident #23 was nen it occurred. Nurse Aide (NA #12) and NA #19 a dark ring of liquid that revealed the bed pad under Resident #23's form the center of her rectum. As NA applain of burning and stinging h a clean brief and bed pad, then atted she felt better. I had only been on duty the they arrived for their shift. They 23 before they left for the day. Both tinence care was not acceptable to the as they had cared for Resident #23 was observed to have the would investigate this concern. I revealed Wound Nurse's the readent area during the observation, stated in the left of the observation, stated in the left of the observation, stated in the left of the observation, stated area during the observation, stated

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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
range valley better for radiality at	id Netrabilitation	Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0600 Level of Harm - Actual harm Residents Affected - Few	An interview with NA #11 on 10/12 on 10/11/21 during day shift. NA #10/11/21 and had only changed Relifts, feedings, and incontinence cal and did not make it back in to chan wants to change residents every two assigned up to 20 residents on day #23's buttocks on 10/11/21 when shat Resident #23 has a history of the to come in the room. An order was obtained from the phetwice daily on day and evening shift. An interview with the Director of Nutobe changed every two to three heworkloads. The DON indicated sheep	/21 at 3:00 PM revealed she had been 11 indicated she felt overwhelmed with seident #23 before breakfast that morni re it was more than she was able to ge ge Resident #23 before her shift ender to hours, but often it may only be once is shift. NA #11 did not recall noticing the changed her early that morning. NA nollering out and doesn't always need on the property of the propert	assigned to care for Resident #23 the assignment she was given on ng. NA #11 indicated with all the t done in a shift and got sidetracked d on 10/11/21. NA #11 stated she or twice when the NAs are e red open area noted to Resident #11 also vocalized staff are aware care, but often just wants someone c Oxide to Resident #23's buttocks evealed she expected all residents staffing shortages and increase ithout being checked and

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIE Ridge Valley Center for Nursing an		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Provide care and assistance to per **NOTE- TERMS IN BRACKETS H Based on observations, record revi incontinence care prior to a resider provide incontinence care to a residence as scheduled for 1 resident (Resident Resident #2) for 4 of 4 residents re The findings included: 1. Resident #17 was admitted to the included Alzheimer 's disease, der Resident #17's Care Area Assessmassessment dated [DATE] revealed cognitive impairment. Resident was related to her incontinence. Resident #17's most recent quarter severely impaired for daily decision activities of daily living and was total resident #17's care plan dated 09/ related to her confusion and impair skin breakdown due to incontinence princontinent episodes, notify nursing recommendation and change wher responses, ensure resident has unestablish voiding patterns, monitor/ tinged urine, increased pulse, increaltered mental status, change in be possible medical causes of incontinenter.	form activities of daily living for any restance of the provided of the provided and provided an	ident who is unable. DNFIDENTIALITY** 37019 ws, the facility failed to provide rief onto her draw sheet, failed to prowide showers or 2 residents (Resident #18 and ependent residents. [DATE] with diagnoses which corder. In all Minimum Data Set (MDS) dider due to decreased mobility and uninary tract infection (UTI) aff for incontinence care. Ind [DATE] revealed she was all assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting. In assistance of 1 to 2 staff with all illeting.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133 (X2) MULTIPLE CONSTRUCTION A, Building B, Wing (X3) DATE SURVEY COMPLETED 10/15/2021 NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation (X4) ID PREFIX TAG (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in conference room revealed she state survey agency. Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in conference room revealed she state survey agency. Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in conference room revealed she state of the Amount of the resident and the family at 11 to the resh had no been able to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into been able to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into health of the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into health of the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into health of the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into health with the sident was not been able to change the resident and the family be usually changed her. bathed her and cut and cleaned her fingermalis because otherwise it was not done. She indicated this vnothing new and had been going on for some time. Interview on 10/11/21 at 3:00 PM with NA #12 revealed she was assigned to Resident #17 for the 3:00 11:00 PM shift and would change the resident assoon as she was able to get supplies for her inconting care. Observation on 10/11/21 at 3:06 PM of Resident #17 is incontinence care revealed the resident being wet. The past of the p				NO. 0936-0391
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28697 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in conference room revealed she just gotten to the facility and smelled strong odor of urine as soon as walked in the door. The family member openable to change the resident and NA #11 fold her she had no been able to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into Resident #17s room around 2:20 PM to change the resident and NA #11 fold her she had no been able to change the resident as soon as walked in the door. The family member fold her no and ca find one of us so we could see her incontinence care and see the condition the resident was in. The far member further stated when she comes to the facility if the resident is solied, she usually changed her incontinence care and see the condition the resident was in. The far member further stated when she comes to the facility if the resident is solied, she usually changed her incontinence care and see the condition the resident was in. The far member further stated when she comes to the facility if the resident is solied, she usually changed her incontinence are soon as she was assigned to Resident #17 for the 3:00 11:00 PM shift and would change the resident as soon as she was able to get supplies for her incontine care. Observation on 10/11/21 at 3:06 PM of Resident #17 is incontinence care revealed the resident had we brief all the way up her back, to all four corners of the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic ober around the brief and the cotton lay between the layer next to the resident was a serious to the plas		IDENTIFICATION NUMBER:	A. Building	COMPLETED
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. X4 ID PREFIX TAG			1000 College Street	P CODE
F 0677 Level of Harm - Minimal harm or potential for actual harm estated she had spoken with the Nurse Aide (NA) caring for the resident and NA #11 told her she had no been able to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into Resident \$Affected - Some Interview on 10/11/21 at 3:20 PM with family member of Resident #17 in conference room revealed she had spoken with the Nurse Aide (NA) caring for the resident and NA #11 told her she had no been able to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into Resident \$Affected - Some Residents Affected - Some Interview on 10/11/21 at 3:20 PM to change the resident and the family member told her no and ca find one of us so we could see her incontinence care and see the condition the resident was in. The far member further stated when she comes to the facility if the resident is soiled, she usually changed her bathed her and cut and cleaned her fingernalis because otherwise it was not done. She indicated this violing new and had been going on for some time. Interview on 10/11/21 at 3:00 PM with NA #12 revealed she was assigned to Resident #17 for the 3:00 11:00 PM shift and would change the resident \$Affected - Some was also been contained to the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic border around the brief and the cotton lay between the layer next to the resident one today. NA #11 and next had been check changed for several hours due to the amount of urine in the brief and the draw sheet under her on the her sheet. An interview conducted with NA #12 revealed she did not think the resident had been check changed for several hours due to the amount of urine in the brief and the draw sheet und			Wilkesboro, NC 28697	
F 0677 Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in conference room revealed she just gotten to the facility and smelled strong odor of urine as soon as walked in the door. The family me stated she had spoken with the Nurse Aide (NA) caring for the resident and NA #11 told her she had no been able to change the resident since around 9:00 or 9:30 AM after breakfasts. NA #11 had been into Residents Affected - Some allow to change the resident since around 9:00 or 9:30 AM after breakfast. NA #11 had been into Residents Affected - Some allow to change the resident since around 9:00 or 9:30 AM after breakfasts. NA #11 had been into Residents #17s room around 2:20 PM to change the resident and the family member told her no and ca find one of us so we could see her incontinence care and see the condition the resident was in. The far member further stated when she comes to the facility if the resident is soiled, she usually changed her nothing new and had been going on for some time. Interview on 10/11/21 at 3:00 PM with NA #12 revealed she was assigned to Resident #17 for the 3:00 11:00 PM shift and would change the resident as soon as she was able to get supplies for her incontine care. Observation on 10/11/21 at 3:06 PM of Resident #17 is incontinence care revealed the resident had we brief all the way up her back, to all four corners of the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic outer layer was balled up in the cente the brief. Resident #17 had wet through her brief onto the draw sheet under her on the brief all the way up her back, to all four corners of the plastic border around the brief and the cotton lay between the layer next to the resident on the front and the plastic outer layer was balled up in the cente the brief. Resident #17 had wet through her brief onto the draw sheet under her on top her sheet. An interview conducted with NA #12 revealed she did not think the resident had been check change	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
Level of Harm - Minimal harm or potential for actual harm or potential harm	(X4) ID PREFIX TAG			
Interview on 10/12/21 at 4:45 PM with the interim Director of Nursing (DON) revealed there were staffing challenges at the facility. The DON stated there was only 1 full time employed nurse on day shift and 1 time employed nurse on evening shift and the rest of the nurses were PRN (as needed) or were agency nurses. She further stated they recently had increased their base salary to be more competitive with hir but still had quite a few open positions. The DON indicated she expected residents to be checked and changed as needed or at least every 2-3 hours and would not expect residents to go for over 4 hours we being checked for incontinence. 2. a. Resident #2 was admitted to the facility on [DATE] and readmitted on [DATE] with diagnoses which included Alzheimer's disease, dementia, osteoarthritis, and anxiety disorder among others. (continued on next page)	Level of Harm - Minimal harm or potential for actual harm	just gotten to the facility and smelle stated she had spoken with the Nurbeen able to change the resident si Resident #17's room around 2:20 Find one of us so we could see her member further stated when she could be a stated her and cut and cleaned her nothing new and had been going on the line of the nothing new and had been going on the line of the nothing new and had been going on the line of the nothing new and had been going on the line of the nothing new and had been going on the line of the line of the line of the nothing new and had been going on the line of l	ed strong odor of urine as soon as walk rese Aide (NA) caring for the resident arince around 9:00 or 9:30 AM after breat PM to change the resident and the familian incontinence care and see the condition ones to the facility if the resident is soil or fingernails because otherwise it was an for some time. With NA #12 revealed she was assigned the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident as soon as she was able to the resident and the plastic outer large out the front and the plastic outer large out the front and the plastic outer large out the resident on the front and the plastic outer large out the front and the plastic outer large out the front and the plastic outer large out the resident once today. Note that the resident o	ed in the door. The family member of NA #11 told her she had not likfast. NA #11 had been into ly member told her no and came to on the resident was in. The family led, she usually changed her and not done. She indicated this was do to Resident #17 for the 3:00 PM to be get supplies for her incontinence are revealed the resident had wet her not the brief and the cotton layer in yer was balled up in the center of er her on the bed. Resident #17 to was placed under her on top of the resident had been checked or draw sheet under the resident had been checked or draw sheet under the resident had she had changed 30 PM and the family member told she had not been able to get back gelse she had to do today. NA #11 med with the workload when there with the number of residents she thing done. She further indicated doing showers and said she had no NA #11, it was pretty normal no way to get everything done in 8 N) revealed there were staffing by done on day shift and 1 full N (as needed) or were agency of the processor of

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro. NC 28697	P CODE
For information on the nursing home's plan to correct this deficiency, please contact the nursing home of			agency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	(Each deficiency must be preceded by full regulatory or LSC identifying information) Resident #2's most recent Minimum Data Set (MDS) assessment dated [DATE] revealed she required extensive to total assistance of 1 to 2 staff with most activities of daily living (ADL). The MDS further re-		DATE] revealed she required in g (ADL). The MDS further revealed in for being incontinent of bowel and a fulcer development. The goal was and brief use through the review in e of disposable briefs according to and prn, clean peri-area when in e adequate fluid intake with meals used in pain, burning, blood tinged creased temperature, urinary in behavior and change in eating infection, constipation, loss of diabetes, stroke and medication in the strong of the st

Facility ID:

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Resident #1 and Resident #2. NA # other place you work and said it was short staffed. She stated lately ther staff for the workload. NA #7 furthe and they were lucky to get 2 rounds #2 when Resident #1 rang the bell then supper trays came out and she all trays are collected you can then leave someone wet or messed up by you just had to do the best you can Interview on 10/12/21 at 4:45 PM we challenges at the facility. The DON time employed nurse on evening shourses. She further stated they recebut still had quite a few open positic changed as needed or at least ever being checked for incontinence. 2. b. Resident #2 was admitted to the included Alzheimer is disease, den Resident #2's most recent Minimum extensive to total assistance of 1 to she required extensive and interview on 10/11/2 were not pleased with the resident's from Resident #2's fingernails. The fingernails were dirty, so they clean member stated the care was not will she could not speak up for herself. as their family member's roommate her care when she was in the room Nursing about the care and were to 1 interview on 10/11/21 at 11:10 AM care of her on 10/11/21 at 11:10 AM care of her on 10/11/21 at 11:10 AM care of her on 10/11/21 and 10/12/2 of daily living inc	with the interim Director of Nursing (DO stated there was only 1 full time emploiff and the rest of the nurses were PRI ently had increased their base salary to ons. The DON indicated she expected by 2-3 hours and would not expect residue facility on [DATE] and readmitted or mentia, osteoarthritis, and anxiety disorn Data Set (MDS) assessment dated [I 2 staff with most activities of daily living the result of the state of the stat	d days with staffing just like any ery resident on days they were d without an adequate number of inence rounds done every 2 hours ted if she didn't change Resident as cleaning another resident and that need to be fed and then after rindicated they don't purposely everything done for everybody and N) revealed there were staffing everything done for everybody and N) revealed there were agency everything done for everybody and N) revealed there were agency everything done for everybody and N) revealed there were agency everything done for everybody and N) revealed there were agency everything done for everybody and N) revealed there were agency everything done for everybody and N) revealed there were agency everything done for everybody and number of the providents of the provident of the provident with a figure of the provident and the staff to do it. The other family was sometimes ignored because were blessed to have Resident #1 #2 and kept them informed about and complained to the Director of everything everything was and trimming unless the resident was and trimming unless the resident

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview on 10/11/21 at 12:50 PM with Nurse #6 revealed staff usually performed nail care and trimm nails on shower days. She stated the staff would perform nail care at other times if requested by the re or family. Nurse #6 further stated the NAs performed nail care on residents unless they were diabetic they were the nurses would clean, trim, and file their nails. Nurse #6 indicated she had not noticed Re #2's nails being dirty while providing her med pass. Interview on 10/12/21 at 4:45 PM with the interim Director of Nursing (DON) revealed there were stafft challenges at the facility. The DON stated she expected fingernails to be cleaned, cut, and filed any tir were long, dirty, or anytime the resident or family requested they be done. 37280 3. Resident #3 was admitted to the facility on [DATE] with diagnoses that included cerebral vascular a and dementia. The quarterly Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #3's cognition w severely impaired and required extensive assistance of one staff for bathing. The MDS also indicated Resident was incontinent and had no behaviors of rejection of care. Resident #3's revised care plan dated 08/16/21 revealed the Resident had a self-care performance de related to hemiplegia and dementia. The goals that Resident #3 would remain at her current level of and would not decline in her activities of daily inving (ADL) through the next review would be attained by utilizing interventions such as providing extensive assistance of one staff for her ADL and providing a bath when a full bath or shower cannot be provided. A review of the Shower Schedule revealed Resident #3 was scheduled for showers on Sunday and Thursday. A review of Resident #3's Bathing record from October 1, 2021 through October 11, 2021 revealed the Resident had not received a shower during that time period. A review of Resident #3's Progress Notes from October 1, 2021 through October 11, 2021 revealed no documentation for refusal of showers. An observation of Resident #3 on 10/		erformed nail care and trimmed or times if requested by the resident is unless they were diabetic and if ated she had not noticed Resident. N) revealed there were staffing cleaned, cut, and filed any time they included cerebral vascular accident. ed Resident #3's cognition was ing. The MDS also indicated the dia self-care performance deficit main at her current level of function at review would be attained by for her ADL and providing a sponge or showers on Sunday and included the cotober 11, 2021 revealed the cotober 11, 2021 revealed the cotober 11, 2021 revealed the cotober 3 and 3
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F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	During an interview on 10/11/21 at #3 on 10/03/21 evening shift. The I pulled to the hall to work that day d shift. The NA continued to explain as well but did not give the Resider An interview was conducted with N scheduled for showers on 10/07/21 shower and the Resident refused (she reported the refusal to the Nurshown Resident #3's Bathing recomenth of October 2021. The DON Resident #3 received a shower on taking the Resident into the showe were given then the staff should has showers to be given as scheduled An interview was conducted with N but did not give Resident #3 her so give showers on that shift. During an interview with Nurse Aid #3 on 10/10/21 evening shift. The I to work therefore, Resident #3's so An interview was conducted with N with Resident #3 on 10/10/21 morn shift therefore, the Resident did no During an interview with Nurse Aid Resident #3 on 10/03/21 morning scheduled for a shower that day ar they normally did not have a perso staffed, and the shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower that day ar they normally did not have a perso staffed, and the shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower person wa An interview was conducted with N Resident #3 on 10/07/21 morning scheduled for a shower person was a scheduled for a sh	4:05 PM with Nurse Aide (NA) #4 she NA explained that she was normally solute to call outs. The NA stated Residenthat she was scheduled to care for Resenthat she was scheduled to care for Resenthat she was scheduled shower that shift. Jurse Aide (NA) #2 on 10/11/21 at 5:00 If evening shift. The NA explained that so the refusal was not documented on the see but could not remember who the Nurse Director of Nursing (DON) on 10/12/21 at which reflected she had not received acknowledged the Bathing record and in 10/07/21 given by Nurse Aide (NA) #10 in room and fixing her hair. The DON and save given a bed bath instead. The DON and if the showers were not documented lurse Aide (NA) #10 who confirmed she sheduled shower. The NA explained the left (NA) #7 on 10/12/21 5:00 PM she con NA explained that the person scheduled shower was not given. Jurse Aide (NA) #6 on 10/13/21 at 1:40 hing shift and explained there was no still the short of the shift and explained there was no still the shift and explained the s	confirmed she cared for Resident needuled to give showers but was t #3 did not receive a shower that ident #3 on 10/07/21 evening shift. PM who confirmed she was she approached Resident #3 for her Bathing record). The NA stated rse was. 21 at 4:30 PM. The DON was her scheduled showers during the reported that she knew that 0 because she observed the NA ided, regardless, if the showers also added she expected the ed then they were not done. It worked on 10/07/21 evening shift ere was not a person scheduled to infirmed she worked with Resident d for showers was pulled to the hall. PM. The NA confirmed she worked aff scheduled to give showers that confirmed she worked with rare that the Resident was The NA continued to explain that and because they were usually short or in a staff person scheduled to give ulled shower.
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		Wilkesboro, NC 28697	
(X4) ID PREFIX TAG			
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Review of the quarterly comprehen was cognitively impaired for daily d with activities of daily living. Review of care plan dated 10/12/21 daily living (ADLS) due to decrease be clean, dry and odor free with cut to physically assist resident #18 with An observation of Resident #18 was her wheelchair in the hallway. All 11 noted to have dried brown substant An observation of Resident #18 was of his fingernails were approximate under them. An interview was conducted with N she routinely cared for Resident #1 she assisted resident #18 with getting dependent on staff for all aspects of checked nails whenever she provide they were diabetic then the nurse the care and had not noticed the resident An interview was conducted with N performed nail care and trimmed nail requested by a resident. Nurse #6 is resident was a diabetic, then the nurse in the sident was a diabetic, then the nurse in the sident was a diabetic, then the nurse is responsibility of the NA to trim and hall nurse's responsibility to trim the An interview was conducted with the nurse's responsibility to trim the An interview was conducted with the conduct	s made on 10/11/21 at 10:47 AM. Reside of her fingernails were approximately be under them. Is made on 10/11/21 at 2:43 PM. Residely a quarter inch long and were noted to the approximately a quarter inch long and were noted to the approximately at 10 on 10/12/21 at 11:10 AM during 8 and had taken care of her on 10/11/21. So the activities of daily living including nail of activities of daily living including nail of ed care. NA #10 stated that she performed the nails. NA further stated that ent's finger nails. Surse #6 on 10/11/2021 at 12:50 PM. Note also stated the further stated that the NAs performed rurses would perform nail care and trimment nurse #7 on 10/12/2021 at 4:00 clean residents' nails, unless the residents' nails,	DATE] revealed that Resident #18 assistance of one staff member cal assistance with activities of the goal was for resident #18 would ed extensive assist of one person dent #18 was observed sitting in a quarter inch long and were ent #18 was resting in bed. All 10 to have dried brown substance first shift. NA #10 confirmed that 21 and 10/12/21. She stated that the stated that Resident #18 was care. NA #10 stated she usually med nail care and trimming unless the was rushed during morning turse #6 stated that the NA's usually the staff would perform nail care if the incompanies to the ents were diabetic then it was the ents were diabetic then it was the

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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide appropriate treatment and **NOTE- TERMS IN BRACKETS In Based on observation, record revies incontinence care was delayed resserviewed for neglect (Resident #23 Findings included: Resident #23 was admitted to the forcerebral accident affecting her left incontinence, and anxiety. A review of Resident #23's physicial breakdown to her buttocks. Resident #23 had a self-care deficing remain clean, dry and odor free analygiene and grooming and two per a quarterly Minimum Data Set (MD) her bed mobility and personal hygion. A Brief Interview of Mental Status (A skin assessment dated [DATE] in the A review of nurse progress notes for nor an updated skin assessment with incontext and she said, please change me, nentry. An observation and interview made bed yelling for assistance with incontext with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made bed yelling for assistance with incontext and interview made the province of the province of the province	care according to orders, resident's properties. AVE BEEN EDITED TO PROTECT Comments, and staff interviews, the facility faile sulting in an open area of redness to the sulting in an open area of redness to the sulting in an open area of redness to the sulting in an open area of redness to the sulting in an open area of redness to the sulting in an open area of redness to the sulting in an open area of redness to the sulting in an orders indicated she had no treatment to care plan related to total incontinence of interventions to include the need for a sonal physical assistance for bed mobins) dated [DATE] revealed Resident #2 area needs. BIMS) dated 10/05/21 indicated Resident as completed. For 10/8/21 to 10/12/21 did not include in as completed. For 10/11/21 at 12:45 PM revealed Resident make incontinence brief she wore that was any bottom it is on fire. There was a strong of the sultinence care while staff walked by the sultinence care.	eferences and goals. ONFIDENTIALITY** 42090 d to prevent skin breakdown when a buttocks for 1 of 1 resident Included hemiplegia following a sture related dermatitis, urinary ents in place for identified skin e revised on 07/01/21 with a goal to assistance by staff for personal lity. It required extensive assistance for ent #23 was cognitively intact. It is observed to be open at the time is observed to be open at the time. It partially covered by a white sheet ing urine odor in the room upon ident #23 continued to lay in her proom. Resident #23 stated it is

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, Z 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	During an observation of incontiner quarter sized red circular area to the heavily soiled brief was removed. INA #12 began to wipe Resident #2 throughout the procedure. After ideal blanch in color. An interview with NA #12 and NA # new to their knowledge as they had An interview with Wound Nurse on facility; however, she had recently resident wounds. The Wound Nurse have a reddened open area visible concern. An observation and interview with the observation of Resident #23's button the physician. An interview with NA #11 on 10/12.	full regulatory or LSC identifying informatince care provided by NA #12 and NA #1e left lower buttocks near Resident #2 The area was open approximately 1 inc 3's bottom, Resident #23 continued to entification, NA #12 ran her fingers across to 10/11/21 at 3:53 PM stated they discared for Resident #23 before and state to 10/12/21 at 10:15 AM revealed she was been working as a floor nurse more office indicated she had not been made away during incontinence care on 10/11/21 at the Wound Nurse on 10/12/21 at 11:30 bocks. The Wound Nurse acknowledged to observation the Wound Nurse stated area then indicated she would obtain a working and the changed her early that morning before the context of the changed her early that morning before the care provided that the changed her early that morning before the care provided that the changed her early that morning before the care provided that the changed her early that morning before the care provided that the changed her early that morning before the care provided that the care provided the care provided that the care provided that the care provided the care provided the care provided that the care provided that the care provided that the care provided that the care provided the care provided that the care provided that the care provided the care provided that the care provided that the care provided the care provided that the care provided that the care provided t	#19 on 10/11/21 at 3:47 PM, a 3's peri-area was seen when her th from the center of her rectum. As complain of burning and stinging the area and the area did not If felt the open area observed was the attention of the the nurse know. The area seen when her the open area observed to assess the area and the area did not If felt the open area observed was the area did not If felt the open area observed was the the nurse know. The area seen would let the nurse know. The area seen would let the nurse know. The area seen would in the

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
MANE OF PROMPTS OF SUPPLIES		STREET ADDRESS, CITY, STATE, ZI	D CODE	
	NAME OF PROVIDER OR SUPPLIER		CODE	
Ridge Valley Center for Nursing ar	Ridge Valley Center for Nursing and Rehabilitation			
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0697	Provide safe, appropriate pain mar	nagement for a resident who requires so	uch services.	
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090	
Residents Affected - Few	Based on record review and staff, hospice, and physician interviews, the facility failed to administer pain medications as prescribed by the physician to a hospice resident to treat chronic pain for 1 of 1 resident reviewed for pain management (Resident #15). As a result, Resident #15 reported her pain level was 7 to 9 on a scale of 1 to 10 across all three shifts during her stay in the facility.			
	Findings included:			
	Resident #15's hospital discharge summary included the following order with a fill date of 08/27/21:			
	Morphine Sulfate Immediate Release (MSIR) 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours for 15 days for pain.			
	MSIR is controlled substance in the opiate category used to treat moderate to severe pain.			
	Resident #15 was admitted to the facility on [DATE] under hospice services following a hospitalization for narcotic medication withdrawal and chronic obstructive pulmonary disease (COPD) and she had a history of a motor vehicle accident (MVA) that resulted in a left above the knee amputation.			
	Review of Resident #15's August 2021 Medication Administration Record (MAR) revealed an order dated 08/27/21 transcribed inaccurately by the Director of Nursing (DON). to include:			
	Morphine Sulfate Immediate Release (MSIR) 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours as needed for pain for 15 days			
	A review of the August 2021 MAR	also revealed Resident #15 was admin	istered MSIR on 7 occasions.	
	Resident #15 received no MSIR or	n 08/27/21 after her admission to the fa	cility.	
	Resident #15 was administered MSIR on 8/28 at the following time: 8:40 AM when her pain was documented to be a 9 on a scale of 1 to 10 and again at 10:15 PM with pain levels documented at an 8 Based on the original order prescribed Resident #15 missed 4 doses.			
	Resident #15 was administered MSIR on 08/29 at the following times: 4:58 AM when her pain was documented to be a 7, 10:57 AM with an unidentified pain level (NA was listed), and again at 11:48 PN pain level documented to be a 8. Resident #15 missed 3 doses on 08/29/21.			
	Resident #15 was administered MSIR on 8/30 at the following times: 4:23 AM when pain was documented to be a 7 and 8:58 AM with pain levels documented at a 3.			
	(continued on next page)			

(VI) DDOVIDED/SUDDI IED/SUA		
(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE
plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
The discharge Minimum Data Set (MDS) dated [DATE] assessed Resident #15 with intact cognition and noted she received opiates and antianxiety medications on 3 of 7 days during the MDS assessment period. The MDS further indicated under a section titled pain assessment Resident #15 verbalizing a pain level of a 9 of 10 on the pain scale over the last 5 days. A review of the nursing progress notes dated 08/27/21 through 08/30/21 revealed no documentation related		
to Resident #15's pain management to include location of pain or notification of the provider. A facility social worker (SW) note dated 08/30/21 revealed a telephone conversation between the SW a Resident #15's family member about Resident #15's desire for discharge due to believing she will recei better care under hospice services at home and get her medications provided for pain and anxiety on ti		
expressed being very displeased w prescribed and having to wait 1-2 h An interview with Med Aide (MA) # and had been responsible for admi stated she recalled medicating Res explained Resident #15 had appro- inquiring why her medications were receive them every time she wante were ordered as needed and she w frequently complained of experience	ith her stay at the facility due to not recours after she requested them before the facility of the facility o	ceiving pain medications as they were administered. was familiar with Resident #15 during the evening shift. MA #1 include an opiate. MA #1 include an opiate. MA #1 include an ask and wait to it it is it. It is it i
Resident #15; however, did recall be resided in the facility and was compound with the resided in the facility and Resident #15's nurse that day about	eing in the room when Resident #15 colaining of being in pain and not receiving the teleping in pain and not receiving the teleping home where she could get better caut what she had overheard; however, si	alled her family member who ng her medications as prescribed. ded to do something to fix this, or the NA #13 indicated she told
and recalled her constantly compla #15 stated her pain was excruciatir	ining of pain in her back and overall ge ng and NA #3 would make Nurse #4 av	neralized pain. At times, Resident vare, but she was unsure if
(continued on next page)		
	R d Rehabilitation Summary Statement Of Defice (Each deficiency must be preceded by The discharge Minimum Data Set (noted she received opiates and and The MDS further indicated under a 9 of 10 on the pain scale over the late A review of the nursing progress not to Resident #15's pain management A facility social worker (SW) note desident #15's family member about better care under hospice services. A review of a hospice note dated the expressed being very displeased we prescribed and having to wait 1-2 hand had been responsible for admits tated she recalled medicating Resexplained Resident #15 had approxinquiring why her medications were receive them every time she wante were ordered as needed and she we frequently complained of experience and she made a nurse aware althout An interview with Nurse Aide (NA) Resident #15; however, did recall be resided in the facility and was computed in the facility and soon resided in the facility and was computed in the facility and soon resided in the facility and was computed in the facility and soon resided in the facility and was computed in the facility and soon resident #15's nurse that day about nurse was assigned to Resident #1 An interview with NA #3 on 10/13/2 and recalled her constantly compla #15 stated her pain was excruciating Resident #15 received pain medical requested.	A. Building B. Wing R STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697 Dan to correct this deficiency, please contact the nursing home or the state survey. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying informati The discharge Minimum Data Set (MDS) dated [DATE] assessed Resider noted she received opiates and antianxiety medications on 3 of 7 days du The MDS further indicated under a section titled pain assessment Resider 9 of 10 on the pain scale over the last 5 days. A review of the nursing progress notes dated 08/27/21 through 08/30/21 r to Resident #15's pain management to include location of pain or notificat A facility social worker (SW) note dated 08/30/21 revealed a telephone co Resident #15's family member about Resident #15's desire for discharge better care under hospice services at home and get her medications provi A review of a hospice note dated 08/30/21 written by Hospice Nurse #1 in expressed being very displeased with her stay at the facility due to not rec prescribed and having to wait 1-2 hours after she requested them before t An interview with Med Aide (MA) #1 on 10/13/21 at 3:20 PM revealed she and had been responsible for administering her medications on 10/29/21 stated she recalled medicating Resident #15 with controlled substances to explained Resident #15 had approached her on one occasion although s' inquiring why her medications were not being administered routinely and or receive them every time she wanted them. MA #1 elaborated that she told were ordered as needed and she would have to ask for them to receive th frequently complained of experiencing debilitating pain although she was and she made a nurse aware although she was unable to recall which nur An interview with Nurse Aide (NA) #13 on 10/13/21 at 3:25 PM revealed s Resident #15's nurse that day about what she had overheard; however, si nurse was assigned to Resident #15 ton that date. An interview with NA #3 on 10/13/21 at 3:29 PM re

AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA DENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZII 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's plan	n to correct this deficiency, please cont	act the nursing home or the state survey a	agency.
` '	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Level of Harm - Actual harm Residents Affected - Few t A A A A A A A A A A A A			e of 08/30/21. MA #2 stated she #15 complained of a lot of pain in recall the names of the medications hat was ordered and was clarified without success. AM revealed she had visited regarding her pain management. By (although she could not recall the tit #15's concerns with pain and her in unmanaged pain and severe could not recall the staff member as was familiar with Resident #15 the facility. Hospice Nurse #1 byl 75mcg/hr. patches, MSIR 45mg ed she had been present at the not saw her in the facility shortly dishe notified the nurse on the cart nd not missing or delaying doses rescribed but did not recall what the dishe visited Resident #15 at the lice services. Resident #15 histered as ordered but Hospice lications were administered rate, decrease oxygen saturations, some withdrawal symptoms from the properties of the date or the staff member ed she was very busy attempting to need to phone the physician about a tasks that day, she did not concerns. Nurse #5 mentioned new call meeting the following morning of verifying Resident #15's

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, Z 1000 College Street Wilkesboro, NC 28697	IP CODE
For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0697 Level of Harm - Actual harm Residents Affected - Few	An interview with the Director of Nu Resident #15's pain had not been in medications as prescribed on the distranscribed the medications from the scheduled doses of the opiates and procedure included herself and and administrative nurses were utilized following admission. Although she the following day. An interview with the Medical Direct pain had not been managed during the facility. The MD vocalized the indischarge summary. The MD elaborement in the discharge summary.	ursing (DON) on 10/12/21 at 10:45 AM managed while in the facility or that Re lischarge summary. The DON acknowl he discharge summary and had transord antianxiety medications. The DON exporter administrative nurse (typically Nursher new admission orders were revise unsure how these orders were missenter on 10/12/21 at 3:39 PM revealed he had the restay because it was limited in day nedications should have been administrated that a resident who had opiate dother receiving less than the prescribed	revealed she was unaware sident #15 did not receive her pain ledged she was the nurse who ribed them as PRN instead of explained that the facility's typical arse #5) although at times other riewed for accuracy on the morning ed if these orders were reviewed e was not aware Resident #15's as and he did not see her while in tered as ordered on the hospital lependance who was accustomed

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDED OF SUPPLIES		STREET ADDRESS, CITY, STATE, ZI	D CODE	
	NAME OF PROVIDER OR SUPPLIER		PCODE	
Ridge Valley Center for Nursing and Rehabilitation		Wilkesboro, NC 28697	1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)	
F 0725	Provide enough nursing staff every charge on each shift.	day to meet the needs of every reside	nt; and have a licensed nurse in	
Level of Harm - Actual harm	37019			
Residents Affected - Few	Based on observations, record reviews, resident, family, and staff interviews, the facility failed to sufficient nursing staff for the provision of incontinence care to a resident (Resident #23) who we yelling that it was burning and hurting her skin and as a result ended up with a reddened area of failed to provide incontinence care to a resident (Resident #17) who was wet through her brief a draw sheet, failed to provide incontinence care to a resident (Resident #2) who had a bowel may failed to provide showers as scheduled for 3 residents (Resident #1, Resident #6 and Resident to provide nail care for 2 residents (Resident #18 and Resident #2) for 7 of 7 residents reviewed nursing staff.			
	The findings included:			
	This tag is cross referred to:			
	F600: Based on observation, record review and staff interviews, the facility neglected to provide incontinent care to a resident who was soiled with urine and resulted in a small reddish open area on her buttocks for 1 of 4 (Resident #23) residents reviewed for activities of daily living. The resident stated that her bottom was burning like it was on fire and wished she could care for herself, so she did not have to sit in a soiled brief. F684: Based on observation, record review, and staff interviews, the facility failed to prevent skin breakdow when incontinence care was delayed resulting in an open area of redness to the buttocks for 1 of 1 resident reviewed for neglect (Resident #23).			
	F 561: Based on observations, record reviews, resident, family and staff interviews, the facility failed to honor the residents' preferences regarding number of showers or bed baths per week for 3 of 3 residents (Resident #1, Resident #6, and Resident #9) reviewed for choices.			
	F677: Based on observations, record reviews, resident, family and staff interviews, the facility failed to provide incontinence care prior to a resident (Resident #17) wetting through her brief onto her draw sheet, failed to provide incontinence care to a resident (Resident #2) who had a bowel movement, failed to provide showers as scheduled for 1 resident (Resident #3), and failed to provide nail care for 2 residents (Resident #18 and Resident #2) for 4 of 4 residents reviewed for activities of daily living for dependent residents.			
	work on a medication cart every da schedule instead of her normal job	with the Treatment Nurse revealed last ay. She further revealed she had worke of wound care. The Treatment Nurse s ponsible for the wound care of their ass	d all shifts as needed to cover the stated when she was assigned to	
	(continued on next page)			

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID:

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, Z 1000 College Street Wilkesboro, NC 28697	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informat	ion)
F 0725 Level of Harm - Actual harm Residents Affected - Few	for the morning of 10/12/21. She st day. NA #13 stated she was not all their best to keep the residents drie best to wash their face, armpits, presidents' hair and said they hadn't had 22 residents they were only all shower per shift done. NA #13 exp schedules. She further explained the shift. NA #13 said residents were put time to keep residents dry due to the linterview on 10/12/21 at 11:13 AM showers and not receiving incontin 2 rounds of incontinence care per see 2 hours. She stated they were not ad one shower per shift. Nurse #2 NAs with resident care. Interview on 10/12/21 at 4:45 PM verified at the facility. The DON further revenurses were either as needed (pring salary for NAs and nurses to be more than the properties of the pool o	with Nurse #2 revealed residents frequence care. Nurse #2 further revealed to shift and with their workload it was impable to get showers done as scheduled further stated the nurses did not have with the Director of Nursing (DON) revealed she only had 2 full time nurses where one competitive with hiring but still had how many positions were still open, the with the Regional Director of Operation en positions, 5 Registered Nurse (RN) on Aide (CMA) open positions. She further than the residual to the RN. The RDO stated they had increand were orienting staff as they were the shift and were orienting staff as they were the shift and the shift as they were the shift as they were the shift as the shift as they were the shift and the shift as they were the shift and the shift as they were the shift and the shift and the shift as they were the shift and the shift as they were the shift as they were the shift and the shift as they were the shift as they were the shift and the shift and the shift as the	Ints for a portion of the day if not all dents. She indicated the NAs did dents. She indicated the NAs did designed to showers they did their NAs didn't have time to wash the cording to NA #13, on days they and maybe were able to get 1 y late or come in early to cover a mess when she came in for her aff on the previous shift didn't have dently complained about not getting the NAs were only able to complete dently complained about not getting the NAs were only able to complete dently complained about not getting the NAs were only able to complete dently in the said there were staffing challenges working at the facility and the other attended there were staffing challenges working at the facility and the other attended the the several positions open on all shifts. The several positions open on all shifts at would be a question for the sex (RDO)revealed there were 3 open positions, 2 NA open ther revealed over the past 5 weeks ased wages to allow for better

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS CITY STATE 71	CTREET ADDRESS CITY STATE 712 CORE	
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	REFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0760	Ensure that residents are free from	significant medication errors.		
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090	
Residents Affected - Few	Based on record review, staff, hospice, and physician interviews, the facility failed to prevent significant medication errors by not accurately transcribing and administering medication as ordered from the hospital discharge summary prescribed to treat chronic pain, shortness of breath, and anxiety for a hospice resident for 1 of 1 resident reviewed for medication errors (Resident #15). As a result, Resident #15 reported her pain level was 7 to 9 on a scale of 1 to 10 across all three shifts during her 4 days as resident in the facility.			
	Findings included:			
	A review of the hospital records dated 08/25/21-08/27/21 indicated in part Resident #15 was restarted on narcotic pain medications following withdrawal symptoms. Resident #15's discharge summary revealed she had been discharged to the facility with the following orders with fill dates of 08/27/21:			
	- Morphine Sulfate Immediate Release 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours for 15 days for pain or shortness of breath.			
	- Lorazepam 1mg tabs every 4 hours for anxiety.			
	A copy of the original hard script for controlled substances provided by the hospital written by the discharging physician's assistant indicated:			
	- Morphine Sulfate Immediate Release 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours for 15 days start 08/27/21. Dispense 270 tablets.			
	- Lorazepam 1mg tabs every 4 hou	ırs for 15 days start 08/27/21. Dispense	e 90 tablets.	
	Resident #15 was admitted to the facility on [DATE] under hospice services following a hospital narcotic medication withdrawal and chronic obstructive pulmonary disease (COPD) and she has a motor vehicle accident (MVA) that resulted in a left above the knee amputation and long-terr dependence. She was subsequently discharged home on continued hospice services on 08/30			
	A review of the control substance sheets provided by pharmacy with the narcotic medication part controlled substances were dispensed as follows:			
	 Morphine Sulfate 15mg tablets (MSIR) three tablets by mouth every 4 hours for 15 days and was fille 252 tablets with a quantity of 18 remaining to be dispensed later by Polaris pharmacy and indicated 9 had been administered. 			
	 Lorazepam 1mg tablets one tablet by mouth every 4 hours for 15 days and was filled for 88 tablets with 7 doses administered. 			
	Resident 15's Medication Administranscribed as:	ration Record (MAR) dated August 202	1 revealed the above orders were	
	(continued on next page)			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0760 Level of Harm - Actual harm Residents Affected - Few	needed for 15 days - Lorazepam 1mg tabs every 4 hour A review of the MAR dated August occasions: - Resident #15 received no MSIR of Resident #15 was administered MS documented to be a #9 and again a order prescribed Resident #15 mis Resident #15 was administered MS documented to be a #7, 10:57 AM pain level documented to be a #8. Resident #15 was administered MS documented to be a #7 and 8:58 A Resident #15 missed an undeterm facility being unable to determine the lt further revealed Lorazepam was Resident #15 was not administered Once on 8/28 at 3:52 PM. Based of Lorazepam on 08/28/21. Three times on 8/29 at 4:57 AM, 10 Twice on 8/30 at 4:23 AM and 8:56. The discharge Minimum Data Set (noted she received opiates and and The MDS further indicated Resider scale over the last 5 days. A review of a hospice note dated 0 expressed being very displeased was administered was a control of the material of the materia	2021 also revealed Resident #15 was on 08/27/21 while in the facility. SIR on 8/28/21 at the following time: 8:4 at 10:15 PM with pain levels documented sed 4 doses which is over half of her document with an unidentified pain level- NA was Resident #15 missed 3 doses on 08/29 SIR on 8/30/21 at the following times: 4 M with pain levels documented at a #3 mined number of doses of pain medicatine exact time of discharge from the fact administered on 6 occasions: If any Lorazepam on 08/27/21 following in the original ordered prescribed Residents: D:57 AM, and 11:47 PM; Missed 3 doses.	administered: MSIR on 7 40 AM when her pain was ed at an #8. Based on the original oses ordered for 08/28/21. 4:58 AM when her pain was listed, and again at 11:48 PM with 1/21. 23 AM when pain was on on 08/30/21 secondary to the lility. her admission time of 5:20 PM. lent #15 missed 5 doses of the soft of Lorazepam on 08/29/21. at #15 with intact cognition and ring the MDS assessment period. In a level 9 of 10 on the pain dicated Resident #15 had beiving medications as prescribed

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
	Ridge Valley Center for Nursing and Rehabilitation		F CODE
Nuge valley center for Nursing and Nerlabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0760	An interview with Med Aide #1 (MA	x #1) on 10/13/21 at 3:20 PM revealed s	she was familiar with Resident #15
	and had been responsible for admi	nistering her medications on 08/29/21	during the evening shift. MA #1
Level of Harm - Actual harm		sident #15 with controlled substances to dent #15 had approached her on one o	
Residents Affected - Few	medication. MA #1 explained Resident #15 had approached her on one occasion although she was unable to recall the time inquiring why her medications were not being administered routinely and why she had to ask and wait to receive them every time she wanted them. MA #1 elaborated that she told Resident #15 the medications were ordered as needed and she would have to ask for them to receive them.		
	An interview with Med Aide #2 on 10/13/21 at 4:11 PM revealed she was the familiar with Resident #15 and had been responsible for medicating Resident #15 on the date of her discharge of 08/30/21. MA #2 stated she recalled administering controlled substances for pain and anxiety to include MSIR and Lorazepam. MA #2 explained she had not thought to ensure the order in the electronic medical record matched the control substance log and card in which the medication was being dispensed, she only checked to ensure the dosage was equal to the ordered dosage.		
	and had overseen her hospice care indicated her records indicated Resevery 4 hours, and Lorazepam 1mm hospital with Resident #15 on the cafter her time of admission to the fadate Resident #15 was discharged expressing to her that she did not but 1 did not have access to the phys Hospice Nurse #1 recalled Resider	1 on 10/14/21 at 11:13 AM revealed she for the last year prior to admission to sident #15 was routinely ordered Fentag every 4 hours. Hospice Nurse #1 stated ay she was discharged to the facility a acility on [DATE]. Hospice Nurse #1 also home under hospice services on 08/30 pelieve her medications had been admitician's orders to verify if the medication and felt her to be experiencing some with	the facility. Hospice Nurse #1 nyl 75mcg/hr. patches, MSIR 45mg ed she had been present at the nd saw her in the facility shortly to revealed she visited her on the 0/21 but despite Resident #15 nistered as ordered, Hospice Nurse as were administered correctly. ease oxygen saturations, anxiety,
	facility although verified that when verify the ordered medication and t	4/21 at 2:18 PM revealed she vaguely any controlled substance is ordered the he card the medication is stored match medication and she forgot to verify the	e medication should be checked to both in name, strength, route, and
	who transcribed the medication orc admission and felt the medications transcribed the MSIR and Lorazep indicated the morning following a re	or of Nursing (DON) on 10/12/21 at 10: ders from the discharge summary for Reshould have been as needed (PRN) beam as PRN medications instead of schesident's admission, orders are verified were transcribed incorrectly and were nexplanation as to what happen.	esident #15 on the date of ased on the dosage and therefore eduled medications. The DON in a clinical meeting, but she
	(continued on next page)		

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	P CODE
rauge valley center for rausing an	u renabilitation	Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0760 Level of Harm - Actual harm Residents Affected - Few	#15's medications were transcribed the facility. The MD indicated if Res antianxiety medication there was a medications were not given as pres	tor (MD) on 10/12/21 at 3:39 PM reveal incorrectly as her stay was limited in disident #15 was a patient who was on loo possibility for her to begin to experience scribed. The MD stated he expected all following admission to the facility and of the state of the sta	lays and he did not see her while in ng term use of opiates and the withdrawal symptoms if her orders to be transcribed, verified,

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesbore, NC 28607	
plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY 37019 Based on record reviews, observations, staff interviews and the high level of transmission for COVID-19 in the county, the facility failed to implement their infection control policies and the Centers for Disease Control and Prevention (CDC) guidelines for the use of Personal Protective Equipment (PPE) when 2 of 3 staff members (Nurse #1 and Nurse Aide #1) failed to wear eye protection while providing care to 1 of 1 residen (Resident #24) who was on enhanced droplet contact precautions and when 5 of 8 staff members (Medication Aide #3, Nurse Aide #11, Medication Aide #2, Nurse Aide #18 and Nurse #7) failed to wear eye protection while providing care to 7 of 7 residents (Resident #19, Resident #20, Resident #7, Resident #22 Resident #21, Resident #6 and Resident #3) in the general halls. These practices affected 8 of 8 residents reviewed for infection control. These failures occurred during a COVID-19 pandemic. The findings included: A review of the Centers for Disease Control and Prevention (CDC) COVID-19 Data Tracker on 10/11/21 indicated that the county where the facility was located had a high level of community transmission for COVID-19. The CDC guidance entitled, Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic, updated on 9/10/21 indicated the following information under the section Implement Universal Use of Personal Protective Equipment for HCI		of transmission for COVID-19 in and the Centers for Disease Control ament (PPE) when 2 of 3 staff le providing care to 1 of 1 resident len 5 of 8 staff members 8 and Nurse #7) failed to wear eye to #20, Resident #7, Resident #22, practices affected 8 of 8 residents 1 pandemic. D-19 Data Tracker on 10/11/21 of community transmission for lealthcare updated on 9/10/21 indicated the	
history), HCP working in facilities lo PPE (Personal Protective Equipme shield that covers the front and side A review of the facility policy entitle indicated: f. Implement standard, contact, and NIOSH-approved N95 or equivalen resident. A continuous observation was cond for newly admitted unvaccinated re 1. a. At 10:12 AM Nurse #1 was ob Resident #24 was unvaccinated an donned an N95 respirator, isolation enhanced droplet contact isolation	cated in counties with substantial or higher) as described below including: Eye pass of the face) should be worn during and Novel Coronavirus Prevention and Find droplet precautions. Wear gloves, good to rhigher-level respirator upon entering ducted on 10/11/21 from 10:05 AM to 1 sidents and residents admitted for rehads a gown, clean gloves and proceeded into with no goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility on goggles or face shield on and pass of the facility of the facility of the facility on goggles or face shield on and pass of the facility of the facilit	gh transmission should also use protection (i.e., goggles or a face all patient care encounters. Response, revised on 9/15/21 was, goggles/face shields, and a and groom and when caring for the 0:30 AM of the quarantine hallway ab services. I with her morning medications. It defends that the resident #24's room who was on	
	IDENTIFICATION NUMBER: 345133 IR d Rehabilitation Plan to correct this deficiency, please con SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by Provide and implement an infection **NOTE- TERMS IN BRACKETS H Based on record reviews, observat the county, the facility failed to impl and Prevention (CDC) guidelines for members (Nurse #1 and Nurse Aid (Resident #24) who was on enhand (Medication Aide #3, Nurse Aide # protection while providing care to 7 Resident #21, Resident #6 and Re- reviewed for infection control. These The findings included: A review of the Centers for Disease indicated that the county where the COVID-19. The CDC guidance entitled, Interim Personnel During the Coronavirus following information under the sec (Healthcare Personnel): *If SARS-CoV-2 infection is not sus history), HCP working in facilities to PPE (Personal Protective Equipme shield that covers the front and side A review of the facility policy entitle indicated: f. Implement standard, contact, and NIOSH-approved N95 or equivalent resident. A continuous observation was conc for newly admitted unvaccinated and donned an N95 respirator, isolation enhanced droplet contact isolation resident within 6 feet of the resident	A. Building B. Wing R. STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697 plan to correct this deficiency, please contact the nursing home or the state survey SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying informatic Provide and implement an infection prevention and control program. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CO Based on record reviews, observations, staff interviews and the high level the county, the facility failed to implement their infection control policies an and Prevention (CDC) guidelines for the use of Personal Protective Equip members (Nurse #1 and Nurse Aide #1) failed to wear eye protection whil (Resident #24) who was on enhanced droplet contact precautions and why (Medication Aide #3, Nurse Aide #11, Medication Aide #2, Nurse Aide #11 protection while providing care to 7 of 7 residents (Resident #19, Residen Resident #21, Resident #6 and Resident #3) in the general halls. These p reviewed for infection control. These failures occurred during a COVID-19 The findings included: A review of the Centers for Disease Control and Prevention (CDC) COVID indicated that the county where the facility was located had a high level of COVID-19. The CDC guidance entitled, Interim Infection Prevention and Control Rec Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic, following information under the section Implement Universal Use of Perso (Healthcare Personnel): "If SARS-CoV-2 infection is not suspected in a patient presenting for care history), HCP working in facilities located in counties with substantial or hi PPE (Personal Protective Equipment) as described below including: Eye shield that covers the front and sides of the face) should be worn during a A review of the facility policy entitled, Novel Coronavirus Prevention and F indicated: f. Implement standard, contact, and droplet precautions. Wear gloves, gor NIOSH-approved N95 or equivalent or higher-level respirator upon ent	

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street	
Ridge Valley Center for Nursing and Rehabilitation		Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Nurse #1 stated she should have we droplet contact precautions. She st difficult to see with them on due to wear her glasses to be able to see b. At 10:25 AM NA #1 was observed unvaccinated and admitted to the first isolation gown and gloves prior to go changed them on her face prior to go changed her mask prior to coming head.	ed going into Resident #24's room to pr acility on [DATE] and readmitted on [Da entering the room. NA #1 had her gogg ing into Resident #24's room. NA #1 do out of Resident #24's room and her go	room since she was on enhanced her goggles on because it was se #1 further stated she had to ovide care. Resident #24 was ATE]. NA #1 donned an N95 mask, les on top of her head but never offed her gown and gloves, ggles were still on the top of her
	Interview on 10/11/21 at 10:35 AM with NA #1 revealed she knew she was supposed to wear eye protection while providing care to residents on enhanced droplet contact precautions. NA #1 stated she was in a hurry to get in the room to help the resident and simply forgot to pull her goggles down on her face prior to going into the resident's room. NA #1 further stated she knew better and should have placed the goggles on her face prior to going into the room. Interview on 10/12/21 at 5:47 PM with the Regional Director of Clinical Services (RDCS) revealed the facility's policy for PPE use included using eye protection when coming within six feet of a resident or when providing care to a resident. The RDCS stated this policy applied to all residents in the facility and especially residents on enhanced droplet contact precautions whose COVID status was unknown. The RDCS further stated she was not sure whether this new guideline from CDC had been presented to all the staff members in the facility but expected all staff on the quarantine hall to wear the appropriate PPE and to wear PPE as		
	indicated. 41069		
	2. a. During an observation of medication administration on Resident #19 on 10/11/21 at 9:50 AM, Medication Aide (MA) #3 was observed wearing a surgical mask and prescription eyeglasses which she pulled over the top of her head while she administered Resident #19's medications. MA #3 did not have eye protective gear on. MA #3 used hand sanitizer to both hands prior to leaving Resident #19's room.		
	On 10/11/21 at 9:55 AM, MA #3 was further observed walking back to the medication cart in the hallway and preparing Resident #20's medications. On 10/11/21 at 10:05 AM, MA #3 entered Resident #20's room and administered medications to her while wearing a surgical mask and no eye protective gear on.		
	An interview with MA #3 on 10/11/21 at 3:50 PM revealed she had placed her goggles in her pocket and forgot to pull them out and use them while she was administering medications to Resident #19 and Resident #20. MA #3 stated she had difficulty seeing clearly without her prescription eyeglasses on which she had to remove to put her goggles on. MA #3 stated she was unable to wear goggles over her prescription eyeglasses but did not think about wearing a face shield instead of goggles as protective eye gear.		
	b. An observation was made on 10/11/21 at 10:10 AM of Nurse Aide (NA) #11 talking to Resident #7 inside her room. NA #11 was wearing a surgical mask with no eye protective gear on while talking to Resident #7 within six-feet distance.		
	(continued on next page)		

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID:

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	An interview with NA #11 on 10/11, protective gear on whenever she we obtained a face shield after she was to wear eye protection whenever the c. An observation on 10/11/21 at 11 medications on top of the medication protective gear on. On 10/11/21 at carrying her medications. MA #2 we wan interview with MA #2 on 10/11/2 started her shift because she had be retrieved her face shield when she her medication administration. MA whenever there were no COVID-15 guidelines regarding eye protection within six feet of the residents. d. An observation was made on 10 room while carrying a bag of trash eye protective gear on. NA #18 plainside the soiled linen room. NA #1 Further observation of NA #18 on answering his call light. NA #18 on answering his call light. NA #18 on 10/11, shift started, so she proceeded to perform the procedure. Nurse #7 we have to wear a enhanced droplet precautions. An interview with Nurse #7 on 10/1 worked on the quarantine hall for reach the control of the procedure of the providing care to a resident. The Regional Direction of the providing care to a resident. The Regional care to a resident. The Regional care to a resident was or	full regulatory or LSC identifying information /21 at 3:01 PM revealed she had not be used going to be within six feet of any results told by one of the housekeepers that	een instructed to wear eye sident. NA #11 stated she later all staff members were supposed (MA) #2 while she was preparing ring a surgical mask with no eye dentering Resident #22's room exprotective gear on. Inve her face shield when she it into the facility. MA #2 stated she protection about halfway through of wearing just a surgical mask rethat the CDC had changed their ecially when they were going to be wearing a surgical mask with no and placed the bag of dirty linens defined hand sanitizer to both hands. For ing Resident #6's room and sk on with no eye protection. If ind a face shield earlier when her without eye protection. If at 4:05 PM, Nurse #7 assisted NA are protective gear on. If eye protection whenever she ons. Nurse #7 stated she had been with residents who were not on In 12/21 at 5:47 PM revealed the eithin six feet of a resident or when sidents in the facility and did not estated she was not sure whether