STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by the second		CIENCIES full regulatory or LSC identifying informati	on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	her rights. **NOTE- TERMS IN BRACKETS F Based on observation, interview, refailed to treat each resident in a mailife for four (4) of four (4) nursing units 1B, 11 disposable cups during meals. The findings include: Review of the facility's policy, Resident considering privacy in treatment and in Observation of dining on the 2B Uritist disposable, plastic cups during the Further observation on the 2B Unitist served in plastic, disposable cups and, their rist observation of Certified Nursing Ast 1:17 PM, revealed he/she provided carton. However, CNA #22 did not Interview with CNA #4, on 01/08/20 for juice and water. According to the four (4) years and she thought the	C, 2B, and 2C revealed staff served re dent Rights revealed the facility ensure eration, respect and full recognition of h in care for his or her personal needs. hit, on 01/06/2020 at 12:45 PM, revealed	ONFIDENTIALITY** 34116 cy, it was determined the facility gnity and enhanced their quality of sidents their beverages in plastic, ed each resident admitted to the his or her dignity and individuality, ed staff served residents drinks in emonade and chocolate milk room. If staff served residents drinks in the lunch tray pass. h meal service, on 01/06/2020 at R] a meal tray and opened the milk t's milk. d disposable cups and used them istic cups off and on for three (3) or urther revealed cups were not

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE TITLE

(X6) DATE

Facility ID: 185039

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	he then provided a plastic, disposal Observation, on 01/08/2020 at 8:48 #55's breakfast tray. Interview with for meals and it made him/her feel Interview with Resident #23, on 01/ cups for the past four (4) or five (5) Interview with CNA #13, on 01/10/2 regular dishes should be used for m Interview with CNA #16, on 01/11/2 residents as they arrived on the uni when the residents wanted actual of Interview with CNA #11, on 01/10/2 residents' drinks served in the dispo- and dishware so the residents woul Interview with Licensed Practical N disposable cups for meals because disposable plastic ware because it Interview with LPN #11, on 01/10/2 residents of the entire facility. He st however, since the change of owner He stated prior to the ownership ch difficulty locating cups and trays. For as well as being a dignity issue for Interview with the Dietary Manager drinking cups for residents. Accordi sometimes residents kept the cups (CNA) liked to use the plastic dispo-	AM, revealed a disposable plastic cup the resident during the observation rev like a second-class citizen. 08/2020 at 9:03 AM, revealed the facil months; however, the resident stated l 2020 at 10:06 AM, revealed the facility neals, instead of plastic, disposable cu 2020 at 10:15 AM, revealed meals were t. He stated staff used plastic disposate ups for their drinks. 2020 at 10:16 AM, revealed she was no osable cups. According to CNA #11, it ld feel at home. urse (LPN) #4, on 01/09/2020 at 10:38 the kitchen ran out of glasses. Accord ut a month. 020 at 11:52 AM, revealed residents' n was a dignity issue and not homelike. 2020 at 3:13 PM, revealed there were r ated he did not know why the plastic d prship in September 2019 they have be ange, the facility used real glass cups. urther interview revealed the plastic dis	o with orange juice on Resident vealed the facility used plastic cups ity had used disposable, plastic he/she preferred a regular cup. was the residents' home and ps. e served from the tray carts to ble cups during the meal services of aware of the purpose for the was important to use regular cups a AM, revealed staff used ling to the LPN, staff had used neals should not be served on not enough regular cups for isposable cups were used; een utilizing the disposable cups. He stated the manager had sposable cups were not homelike, he facility did not have enough ps was an ongoing issue because tated the Certified Nurse Aides not have sufficient cups; however, d trouble finding cups and trays to

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NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG			on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	esplan to correct this deficiency, please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Interview with the Administrator, on 01/09/2020 at 12:04 PM, revealed the residents should have comfortable, homelike setting to maintain their dignity. Continued interview with the Administrator 001/07/2020 at 14:04 PM, revealed he became aware of the resident's concerns, upon his arrival the during the survey process. He stated his greatest concern was not meeting the resident's needs, revealed he was not aware that plastic, disposable cups were being provided to the residents during all services.		residents should have a v with the Administrator, on erns, upon his arrival this week and g the resident's needs. He

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
		1705 Stevens Avenue	FCODE
	Highlands Nursing and Rehabilitation		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0565	Honor the resident's right to organize	ze and participate in resident/family gro	oups in the facility.
Level of Harm - Minimal harm or potential for actual harm	35750		
Residents Affected - Some		dent Council Minutes, and review of the on, address and resolve the grievance:	
		lained of their concerns with staff's res ilability of medications. Additionally, int by the facility.	
	The findings include:		
	Review of the facility's policy, Grievance/Complaint Log, reviewed 06/01/18, revealed the resolution resident grievances and/or complaints will be recorded on the facility's Resident Grievance/Compl The policy stated the Administrator/Social Services was responsible for recording and maintaining Per review, the Grievances/Complaints were to be reviewed by the Quality Assurance/Performance Improvement (QAPI) Committee monthly for trends and follow up. The policy further stated it was practice for the Grievance/Complaint resolution/follow up to be completed as soon as practicable, exceeded by thirty (30) days, if feasible.		
	dated from June 11, 2019 through of the previous meetings. Further re	eting Forms completed during the mor December 10, 2019, revealed no Old E eview revealed some forms did not cor addressed and resolution had been att	Business was carried over from any atain a section for old business to
		December 2019 Resident Council Meet in the previous meetings. Grievances and trash removal.	
	cember 23, 2019, revealed nundred-fifty-one (151) residents ost of the recorded grievances, and vances were marked as resolved, eview revealed during the annual o the Surveyor (State Survey		
	(continued on next page)		

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	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	Highlands Nursing and Rehabilitation		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES y full regulatory or LSC identifying information)	
F 0565 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	revealed seven (7) of seven (7) res Resident Group was particularly ve during the night shift and on weeke and not being available to meet res made their grievances known to the Ombudsman. In addition, the reside particularly their pain medications a of the medications which they need Group Meeting, was a lack of respo- interview revealed the Resident Gr ongoing concerns which had been Interview with the Ombudsman, on revealed the residents in the meetin Interview with the Social Worker (S grievances expressed in the Reside complained of not getting their care addressed the residents' concerns; SW stated she was aware that from had heard from residents that nursi residents frustrated, and as a resul the original grievance. The SW stat at times on weekends. Further inte met, and would not otherwise live a expected residents to have consist residents not to have all their care furing the Resident Council Meetin then brought up in the next morning department. According to the SSA, the form and provided direction and business from the previous meeting Council President next. The SSA s same issue had been brought up a grievance in the next Resident Cou of in-services, and dips and trends Further interview with the SSA, on to voice concerns regarding not ge prescribed. She stated the facility's	01/07/2020 at about 12:15 PM, following had spoken up regarding their concerns with a needs resolved. Per interview, she stated she way needs resolved. Per interview, she state however, there might be an education in time to time residents' nursing care or ing staff had not answered their call light, they did not want to file another grievited she was primarily aware of resident riview revealed the residents were at the facility if they were able to help then and good care provided as required needs met. Assistant (SSA), on 01/09/2020 at 4:46 to grand completed a form. The SSA state greeting, where the concerns were act during the Resident Council Meeting so a reminders. She stated she also discuss ghad been followed up on. Per interview tated however, after she reviewed the concerns was completed and completed she also discuss ghad been followed up on. Per interview tated however, after she reviewed the concerns was completed and point. The SSA state she also discuss the followed up on. Per interview tated however, after she reviewed the concerns was completed and point. The SSA states the followed up on. Per interview tates however, after she reviewed the concerns was completed and point. The SSA states the followed up on the states of the prime tates however after she reviewed the concerns was completed and point. The SSA states the followed up on the per interview tates however, after she reviewed the concerns was completed to the prime tates however after she reviewed the concerns was completed to the prime tates however after she reviewed the concerns was completed to the per interview tates however after she reviewed the concerns was completed to the per interview tates however after she reviewed the concerns was completed to the per interview tates however after she reviewed the concerns was completed to the per interview tates however after she reviewed the concerns was completed to the per interview tates however after she reviewed the concerns was completed to the per interview tates however after sh	ot been resolved. Per interview, the ended call light times primarily ating around the nursing station in their concerns. Residents had f Nursing, Administrator and the nedications in a timely manner, complained of the facility running out concern voiced during the Resident rated the residents. Further and to the lack of resolution of their of to the lack of resolution of their and the Resident Group Meeting, erns led she followed up on the vas aware residents had ated as far as she knew the DON issue related to agency staff. The oncerns were not resolved, and she nts. Per the SW, this made rance as there was no resolution to is' concerns on third (3rd) shift and e facility to get their care needs emselves. The SW stated she d, and it was not alright for PM, revealed she took notes ed the residents' concerns were Idressed by the appropriate he guided the residents through ssed with the residents whether old w, she spoke to the Resident old notes if it was determined the eted and then she addressed the ted the facility had performed a lot had heard that residents continued aiving all their medications as work, and responsibility needed to

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	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIE Highlands Nursing and Rehabilitati		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying information	on)
F 0565 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	getting the paperwork ready for all which was coordinated with the DC Continued interview revealed she a responsibilities; however, she state party unless they had a question. T process on admission, and was um revealed most residents did not wa process, and only occasionally, wo assumed the SW was explaining th policy stated regarding this area. S working, and the facility needed to Interview with the DON, on 01/11/2 and provided training to the CNA in However, further interview revealed in a timely manner. She stated this psychosocially. Interview with the Administrator, on process and was in the process of regarding the current grievance pro expected a follow up; however, he According to the Administrator, he address the grievances immediated been done to resolve their issue/gri	linator, on 01/11/2020 at 9:34 AM, revenew resident admissions. She stated the new resident's needs also provided the packet which included d she did not read over the rights with the Admissions Coordinator stated she sure who explained that process to new nt to go over the resident rights informauld a resident request she read the ent e grievance process in more detail, and he further stated to her it seemed the fa find an overall solution for this problem 020 at 12:13 PM, revealed she was aw volved on how to perform perineal care if she had not known the resident's incore could have caused the resident to be a 01/10/2020 at 4:40 PM, revealed he u changing it. He stated he was aware the stated residents did not always know wexpected staff to review the residents' gy, if possible. Per interview, residents a part of the facility's policy which had not a part of the facility's policy which had not a part of the facility's policy which had not provide the provide the facility's policy which had not provide the facility's policy which had not provide the provide the facility's policy which had not provide the provide	his included all clinical information, could be met by the facility. I resident's rights and the resident and/or responsible did not mention the grievance v admissions. Further interview ation, which included the grievance ire rights section. She stated she d was not sure what the facility's acility's grievance process was not vare of Resident #57's grievance e appropriately for the resident. ontinent brief had not been changed affected physically, as well as, nderstood the facility's grievance us residents filed a grievance, he what the outcome of the grievance. grievances and staff should should be told in person what had he was aware of the fact that 2) residents had told him so. The

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	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
		1705 Stevens Avenue Louisville, KY 40205	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0584 Level of Harm - Minimal harm or	Honor the resident's right to a safe, clean, comfortable and homelike environment, including but not limit receiving treatment and supports for daily living safely.		
potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 34116
Residents Affected - Many	ffected - Many Based on observation, interview, record review, and review of the facility's policy, it was determ facility failed to ensure resident's had a safe, clean, and homelike environment for four (4) of four units, and two (2) of four (4) shower rooms.		
	Observations revealed stained or missing ceiling tiles, broken drawers in resident rooms, broken call lights, dirty resident bathrooms, broken or missing floor tiles, dirty privacy curtains, and broken closet doors. Observations revealed resident rooms contained gray/white substances on furniture surfaces and debris on floors.		
	Observation of the 2B Unit Shower Room, revealed a bariatric-sized chair with a brown, dried substance on the seat. Also a soiled shower bed and a stand up lift with a brown dried substance on the leg supports. Multiple soiled clothing and linen items were on the floor throughout the shower room. The shower room drain was partially covered with a thick substance. Interview with Certified Nursing Assistant (CNA) #20, regarding the 2B Unit Shower, revealed the substance, partially covering the shower drain, was stool. Further observation of the 1B Unit Shower Room, revealed stool was on the floor of the shower.		
		aled the facility was dirty. Resident #10 s (CNA's) to clean the shower room be ver room felt like an [NAME].	
	substance, loose particles and deb substance on the vent slats. The di appeared soiled with a dark substa contained cobwebs in the corners of chair railing on Units 1B, and 1C co	elevator transition plates into the elevat ris in the grooves. The vents in the [NA ning room furniture in the [NAME] Dinin nce on the arm rests and seats. Addition vith dead insects and the windowsills h ontained a loose gray substance. The method was damaged and peeling awa	ME] Dining room contained a gra ng area and Unit 1C's furniture onally, the [NAME] Dining room ad dirt and debris. The corridor urses' station on 2B contained
	The findings include:		
	housekeeping and cleaning activitie ensure that quality standards, safet housekeeper performed a variety o including entry ways, corridor, etc. included sinks, floors and commod	on Summary, not dated, revealed Houses within well established guidelines and y guidelines and customer service exp f tasks, such as dust mopping and dan In addition, housekeeping was response es. Housekeeping was also responsible rell as, the sitting rooms and dining roo	d assigned areas and shifts to ectations were met. The np mopping floors in all areas sible for cleaning bathrooms which e for the daily cleaning and
	(continued on next page)		

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODF	
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205		
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(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICE (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)	
F 0584 Level of Harm - Minimal harm or potential for actual harm	Review of the Job Description for the Environmental Services Account Manager, not dated, revealed the Manager supervised the environmental services staff according to the policies and procedures and federal/state requirements. The Manager was responsible for coordinating and insuring the satisfactory and timely completion of projects and program work done in the building on varying shifts.			
Residents Affected - Many	Review of the facility's policy, Resident Rights, dated 2019, revealed the facility ensured the resident admitted to the Community. Continued review revealed this included ensuring each treated with consideration, respect and full recognition of his or her dignity and individuality, in treatment and in care for his or her personal needs.			
	Review of the facility's policy, Maintenance Service, revised December 2009, revealed to Department was responsible for maintaining the buildings, grounds, and equipment in a manner at all times. Functions of maintenance personnel included, but were not limited building in compliance with current Federal, State, and local laws, regulations, and guide maintaining the building in good repair and free from hazards.			
	Observation of Corridor 2B leading towards the nurses' station, on 01/06/2020 at 10:22 AM, revealed multiple unpainted, white patches, on the walls on both sides of the corridor.			
	Observation of the 2C Unit, near the area of the nurses' station and elevator corridor, on 01/06/2020 at 11:16 AM, revealed the upholstery on the resident's sofa, and chairs appeared soiled on the armrest and in the seats, along with loose particles, and debris in the seats.			
	Observation during tour, from 2C Unit entering 2B Unit near room [ROOM NUMBER], on 01/06/2020 at 11:17 AM, revealed twelve (12) floor tiles were cracked, with missing pieces, creating depressions in the floor. Continued observations revealed a resident with a rolling walker moving in and out of the area while rolling and walking across floor tiles, with some of the floor tiles missing. Further observations revealed stains, scuff marks, and gouges in the walls down the hallway corridor between resident room doorways, with several observed between rooms [ROOM NUMBERS].			
	substance on top of the chest of dra arts and craft beads and a medicine	DM NUMBER], on 01/06/2020 at 11:02 awers and the television base. Continu e cup lying on the floor. Further observ or, and in the corners of the resident's ack/gray substance.	ed observation revealed there were ation revealed black scuff marks	
	resident, he/she dusted and swept dusted. Resident #101 stated some	tt #101, at the time of observation, revealed the facility was dirty. According to the d and swept the room because dust was everywhere and housekeeping staff never stated sometimes he/she had to ask the Certified Nursing Assistants (CNA's) to cle use there was feces on the floor. During further interview, Resident #101 stated the in [NAME].		
	on two (2) ceiling tiles above the ro	OM NUMBER], on 01/06/2020 at 11:42 om's window, and a white substance s tion of the bathroom revealed broken g	plattered across the lower portion	
	(continued on next page)			

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please cont	act the nursing home or the state survey	agency.
(X4) ID PREFIX TAG) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	Observation of resident room [ROC light was broken and hanging from on the resident's pillow was torn an Interview with Resident #26, at the night because the cord was broken interview revealed the light interfere Observation of resident room [ROC two (2) corner ceiling tiles near the Interview with Resident #55, on 01/ broken for about seven (7) months. broken dispenser. Continued intervinothing ever got fixed when it was r hand lever to dispense the soap wa Observation of resident room [ROC missing from the resident's nightsta Observation of Resident #4's room missing from the four (4) drawer ch observation revealed the wallpaper Further observation of room [ROON chest of drawers was lying on the fil the toilet paper dispenser was off th move. According to Resident #34, t about a week. Further interview rev pissed off. Interview with Housekeeper #1, on [ROOM NUMBER] on 01/06/2020 a from the chests. Interview with Resident #34, at the two (2) or three (3) months ago, and resident, the condition of the room I Interview with Certified Nursing Ass the broken drawers in room [ROON	M NUMBER], on 01/06/2020 at 12:06 the side rail of the bed. Further observ d exposed the cloth batting inside. time of the observations, revealed he/s . The resident stated it had been like the d with his/her sleep because it gets he M NUMBER], on 01/06/2020 at 1:05 F window. 08/2020 at 8:48 AM, revealed the bath The resident stated he/she purchased iew revealed the resident had reported reported. Observation of the dispenser is broken as reported by Resident #55 M NUMBER], on 01/07/2020 at 9:30 A	PM, revealed the cord to the wall ation revealed the plastic covering she had to leave the wall light on a nat for about a week. Further ot. PM, revealed a grayish black ring of room soap dispenser had been I his/her own hand soap due to the the issue to staff; however, , during the interview, revealed the the issue to staff; however, , during the interview, revealed the M, revealed the top drawer was ealed three (3) drawers were g was visible at the bottom. Further n drywall was exposed. awer fronts from Resident #34's e time of the observation, revealed doors were off track and difficult to a month and the dispenser for liculous and made the resident fee was assigned to clean room ot noticed the drawers were missin she had reported the broken chest or quite a while. According to the melike. D4 AM, revealed she had noticed and had reported the issue to the

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F 0584 Level of Harm - Minimal harm or potential for actual harm	Observation of the 2B Unit's Shower Room, on 01/07/2020 at 10:14 AM, revealed the non-skid floor strips were peeled up at the edges. Continued observation revealed a hard plastic wall covering was pulled awa from the shower wall exposing a sharp edge. Further observation revealed a soiled broom and dustpan stored on top of the shower bed.			
Residents Affected - Many	 Observation of the 2B Unit shower room, on 01/08/2020 at 10:00 AM, revealed two (2) rolling s one (1) regular sized and one (1) bariatric-sized chair. The bariatric-sized chair contained a brown substance on the seat. A shower bed appeared soiled. A stand up lift contained a brown dried a approximately five by four inches (5 x 4), on the leg supports. The stand-up lift foot base contain gray debris and particles, and a dried dark colored substance. Multiple soiled clothing and linear observed on the floor throughout the shower room. The shower room drain covers had a thick s covering them and appeared to block the water drain. Observation of the 1B Unit's Shower Room, on 01/08/2020 at 11:31 AM, revealed a brown subsfloor that smelled like stool. Interview with Certified Nursing Assistant (CNA) #20, on 01/08/2020 at 10:31 AM, revealed ever clean the shower room after each use. She stated the floor has dried dirt at the entrance, and d shoe prints were also observed on the floor. CNA #20 stated the vent over the shower, near the filthy in appearance. She indicated the vent above the entrance contained dark gray, dust and o stated the thick slime over the shower drain was stool, partially covering the drain. 			
		DM NUMBER], on 01/08/2020 at 9:37 A y, fuzzy build-up on the exhaust fan.	M, revealed the towel bar was	
	loose on the right side and not secure and baseboards contained a dark, and bathroom appeared worn with	n, on 01/08/2020 11:25 AM, revealed ti ured. The floor in the resident's room, in thick coarse, dried substance. In additi torn and jagged edges. The bathroom stance. Continued observations reveale e vent slats.	n the corners, and along the floor on, the fall strips next to the bed floor was also soiled in the corner	
	During interview with Resident #65, on 01/08/2020 at 11:25 AM, the resident stated, It looked like not much cleaning occurred around here.			
		Interview with Certified Nursing Assistant (CNA) #4, on 01/08/2020 at 9:08 AM, revealed the CNA's were responsible for reporting maintenance issues to the nurse, and for completing a work order in the computer.		
	Interview with Licensed Practical Nurse (LPN) #4, on 01/09/2020 at 10:38 AM, revealed she tried to call maintenance and submit a work order whenever she noticed a maintenance issue. However, she was not sure if the missing towel bars or broken soap dispensers were reported. She revealed it was important to address maintenance issues to maintain infection control and for the residents' dignity. According to the LPN, the rooms were not homelike if items were not available for resident use.			
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For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	housekeeping staff to help her rega procedure for submitting work order Interview with Housekeeper #3, on cleaning bathrooms, and sweeping for ensuring paper towels, toilet pay Housekeeper stated if she noticed sprayed deodorizer on the privacy of Manager were responsible for charr want her family to live there becaus not clean until State Surveyors (Sta the issues to the Housekeeping Dir Interview with the Maintenance Dire preventative maintenance accordin was responsible for submitting elect revealed the Housekeeping Depart and the Housekeeping Director not Review of the computerized Work of evidence of work orders related to b broken wall light, broken floor tiles, non-skid strips and wall covering in Observation of the corridors leading corridors contained a thick, dried bu transitions between the corridors at loose debris, was observed to be h Observation of the [NAME] Dining I ten (10) stained ceiling tiles. The w vents were coated with a thick gray table stored in the dining room and Interview with the Account Manage was to oversee housekeeping serv initial sweeping in the hallways was this process occasionally occurred	01/10/2020 at 10:45 AM, revealed she /mopping resident rooms every day. Sh per, soap and hand sanitizer were stock the soiled privacy curtains she notified curtains when she cleaned; however, th ging/washing the curtains. According t se the rooms did not look clean. She sta ate Survey Agency) were in the building rector who addressed the problems; ho ector, on 01/10/2020 at 9:34 AM, revea g to the electronic maintenance progra- stronic work order requests as needed. ment did not have access to the electro- ified him of maintenance issues by wor Orders, for the period of 10/01/2019 thr the missing towel bars, stained ceiling to broken and/or missing drawers, broken the 2B Unit's shower room. g to the [NAME] Dining Room, on 01/06 rown, black substance on the floors alo nd the door entries. The exit to the resis eavily soiled, and dirty in appearance of Room, during lunch meal service, on 07 indowsills contained a powdery, loose of substance over the vent slats. In addit scooted over to the side.	e did not know the correct was responsible for trash removal, he stated she was also responsible ked in all the rooms. The the Manager. She stated she he Floor Tech and Housekeeping o the Housekeeper, she would not ated some housekeeping staff did y. She further stated she reported wever, it had not done any good. led he performed monthly m. The Director stated nursing staff However, further interview onic maintenance program system d of mouth. u 01/08/2020, revealed no tiles, broken soap dispenser, in closet doors, or of the peeling 6/2020 at 12:01 PM revealed the ng the corners and at the dent's smoking area contained on the floor and walls. 1/06/2020 at 12:06 PM, revealed grayish substance. The airflow ion, there was a broken wobbly /20 at 9:49 AM, revealed his role cluded a dry dust mop daily. The ghtly scrubbed the floor. He stated s. He stated he completed a round

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	185039	A. Building B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying information	on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	stripped bare and at this time they we schedule, or a plan of when the ide privacy curtains should be taken do found soiled. Further interview reveat that Housekeeping staff were educated issue was identified. He stated his a audit, his focus was looking at all of randomly audited a second room to revealed he had not identified any i cleaning vents. However, vents were once every four weeks. In addition, identified the vents were dirty and r say if maintenance had notified hous stated the role of housekeeping was to f Housekeeping (DOH), on 01/09// contained a dust and lint type subst diagnoses worsening with the poter railing in the [NAME] Dining area we the windowsills. The DOM stated the previously had leaking areas. The or DOM, and Administrator revealed at a should be maintained in a clean and rooms should all be maintained in a were all kept clean throughout the f	nts Manager revealed he identified floc were still trying to address those areas. ntified cleaning tasks would be comple- win for deep cleaning once a month, ar aled it was the policy for staff to clean to audit practice included a daily audit of of the high touch areas, to determine if the see if it was deep cleaned, according ssues during the audits. He stated hou- re only cleaned during the deep cleanin he stated housekeeping would not clea- emoved them for housekeeping to clea- isekeeping of the need to clean the ver- s to keep the facility clean and sanitary h the Administrator, the Director of Mai 2020 at 12:04 PM, revealed the vents in tance, and they expressed concerns fo- ntial of poor air quality. The DOH revea- ere dusty, contained cobwebs, and dea- te ceiling tiles were stained, and in di- hese items were less than sanitary, and taff's working environment. The DOM a vair; and the walls, and the doors needed trator, DOM, and the DOH revealed the d sanitary manner. In addition, the vent a clean and sanitary manner, ensuring the acility. "ator, revealed the areas of concern we ad much repair in the facility was necess	He stated he did not have a ted. He stated the resident's and otherwise as needed when resident rooms daily. He stated , annually, and as needed if an one to two rooms; and during the hey were cleaned. In addition, he to policy. Continued interview sekeepers were responsible for ng of the room, which occurred an the vents unless maintenance in. He further stated he could not its when they were taken down. He for the residents. Intenance (DOM), and the Director in the [NAME] Dining Area r residents with respiratory type led the windowsills, and the chair ad insects in the corners, and on een for a while, as they had is-repair. Further interview with the d not acceptable for the residents' and Administrator stated the ed painting. Observation of the 2B e scales, and resident transfer lift, ts, drainage systems, soiled utility trash was removed, service carts

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIE	FP.	STREET ADDRESS, CITY, STATE, ZI	PCODE
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	act the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0623 Level of Harm - Minimal harm or potential for actual harm	Provide timely notification to the resident, and if applicable to the resident representative and ombudsman, before transfer or discharge, including appeal rights. 21585		representative and ombudsman,
Residents Affected - Few	Ombudsman (OMB) of discharges related to the resident's transfer to	and facility policy review, it was detern and transfer. In addition, the facility dic ensure continuity of care nor was the r on for one (1) of one (1) of a total sam	I not record resident information esident given a written statement of
	The findings include:		
	must be considered prior to the dec preserving resident rights, ensure the discharged on ly for medical reason	Resident Rights, dated 2019, revealed isions made in the facility. As a compa- heir rights were not voilated. When res is, or his or her welfare or that of other ansfer or dischargem and such actions	any we place a tipr priority on idents were transferred or residents the facilty would provide
	transfer or discharge notice would b	Transfer or Discharge Notice, revised be sent to the Office of the State Long- or discharge would be documented in	Term Care Ombudsman. In
	Review of the closed record for Resident #107, revealed the facility admitted the resident on 02/09/2009 with a history of Heart Failure, Acute Myocardial Infarction (heart attack), Chronic Kidney Disease and Diabetes. The facility transferred the resident to an Acute Care Hospital on 10/12/2019, after a change in condition and readmitted the resident on 10/21/2019. Further review revealed the facility again transferred the resident to the hospital for shortness of air on 01/03/2020.		
	to ensure continuity of care during e transferred. In addition, no evidence the resident's appeal rights or the S	's clinical record revealed, the facility of each transfer process, nor the location e the resident or the responsible party state Long Term Care Ombudsman's c tot have written evidence that the Omb rs.	to which the resident was was provided a written statement of ontact information, during or after
	Interview, on 01/09/2020 at 3:05 PM, with the Assistant Social Services Director and the Director of Social Services, revealed it was not their responsibility to notify the Ombudsman of resident transfers and discharges.		
	Interview, on 01/09/2020 at 3:38 PM	Λ, with the Business Office Manager, r tions to the Ombudsman office related	
	Interview, on 01/09/2020 at 3:38 PM	÷	
	Interview, on 01/09/2020 at 3:38 PM facility's process for making notifica	÷	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
		b. wing	
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying information	on)
F 0623 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Interview with the Ombudsman, on receiving notifications from the nurs Interview with the Director of Nursir responsible for providing the Ombu she was not aware the facility was in resident rights or OMB contact infor know the facility was not recording Interview with Administrator, on 01/ notice to the ombudsman and to do	01/09/2020 at 3:50 PM, revealed the C sing facility related to transferred or disc ng, on 01/09/2020 at 3:10 PM, revealed dsman with the resident's transfer and not providing the resident or the respor rmation after the facility transferred a re resident information during transfer to o 10/2020 at 8:22 AM, revealed the proc ocument in the medical record informati are. He stated he did not know how this	Ombudsman's (OMB) office was not charged residents. If she did not know who was discharge information. In addition, isible party with information on esident. In addition, she did not ensure continuity of care. ess for the facility staff to send ion regarding resident transfer or

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by		CIENCIES full regulatory or LSC identifying informati	on)
F 0625 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Notify the resident or the resident's resident's bed in cases of transfert the series of transfer the series of the resident and the resident's report resident to a hospital or when a resist sample of thirty-two (32) residents of the findings include: Review of facility's policy, Notice of 900 [NAME] 2:05E to appeal any diwithin fifteen (15) days of date of not Medicaid application pending resider condition, and it was reasonably existed to be by paying privately for resident would be placed on a waite The bed hold form would be provided. Review of the record revealed Resident would be placed on a waite The bed hold form would be provided. Review of the record revealed Resident's representative for the transferred to an Acut no documented evidence the facility representative for these transfers. Interview with the Social Services A revealed they do not make any notic and discharges. Interview with Director of Nursing (Interview Number 2000) and discharges.	representative in writing how long the to a hospital or therapeutic leave. IAVE BEEN EDITED TO PROTECT Control and facility policy review, it was determ esentative written notice related to the ident went on therapeutic leave for two (Residents #83, and #107). Transfer or Discharge, not dated, reversion of the transferred the resident's bed wents for up to fourteen (14) days per yestic the resident would return to the or therapeutic leave. If bed hold days we the bed, at current private pay rate. If ing list for the next bed available, with the det to the resident and responsible part records revealed the facility admitted the transferred the facility admitted the transferred the facility provided bed hold day we the bed, at current private pay rate. If a fing list for the next bed available, with the det to the resident and responsible part the transferred the facility admitted the transferred the facility provided bed hold day we the pay response to the facility provided bed hold day the pay for the next bed available and the part of the the facility provided bed hold day the pay for the next bed available.	nursing home will hold the ONFIDENTIALITY** 28733 hined the facility failed to provide bed-hold policy upon transferring a o (2) of two (2) residents of a total ealed resident's had the right under ealth & Family Services, in writing, yould be reserved for Medicaid or ear while in a hospital for an acute e same level of care. Ten days per ere exhausted the resident may this option was not exercised, the he same sex resident roomate. y upon transfer. the resident on 11/25/2019 with the Disease, Diabetes Mellitus, on 12/10/2019, and on 12/20/2019. Id information to the resident or the 2019, from an Acute Care Hospital athy. Further review revealed the rtness of air. However, there was resident or resident's rvices, on 01/09/2020 at 3:05 PM, information related to transfers aled she was not sure who was

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0625 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	company outsourced the bed holds notification. Continued interview rev and their families or not. She stated and discharges. Interview with Administrator, on 01/ residents transferred with the bed-h the bed hold information was place	ager (BOM), on 01/09/2020 at 3:38 PM a. She stated the consulting company we vealed she was not sure if the liaisons is d she was not sure if the Ombudsman (10/2020 at 8:22 AM, revealed the proco- hold information, or send to the response d in the financial file. He stated the Soc re to follow up if the resident became a state of the state of the second s	would make the offer of bed hold made notifications to the residents Office was notified of the transfers cess for the facility was to send all sible party. In addition, a copy of cial Services, the Business Office

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's p	lan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	 that can be measured. **NOTE- TERMS IN BRACKETS H Based on observation, interview, refacility failed to develop/implement i #34, #57, #91, #101, #135, and #49 Interviews and record review reveal planned, implement falls prevention planned. Review of Resident #34's Medication Percocet 10-325 mg was not admine 4:00 AM, 8:00 AM, 12:00 PM, 4:00 revealed staff failed to assess the m AM. Further review of Resident #101's of Oxycodone-APAP 10-325 mg give f #101's MAR, dated October 2019, r Continued review of the MAR, dated Oxycodone-APAP. The findings include: Review of the facility's policy, Care revealed a comprehensive, person- meet the resident's physical, psycho- resident. The policy stated a compri days of completion of the required of revealed the comprehensive, person- furnished to attain or maintain the ri- well-being; incorporate identified pri problems. The person-centered car resident's physical, psychosocial ar the resident and his/her family or le person-centered care plan for each analysis of the information gathered included the resident's strength and plan when a resident had a significar readmitted to the facility from a hos Minimum Data Set (MDS) Assessment 	led the facility failed to administer pain interventions as care planned, and pro- point of the comprehensive Person - Center centered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min resident's highest practicable physical, oblem areas; and incorporate risk factor of functional needs. The Interdisciplina gal representative, developed and impresident. The care plan interventions of as part of the comprehensive assess an eeds and culture preferences. The I ant change, when the desired outcome pital stay and quarterly, in conjunction	ONFIDENTIALITY** 34116 policy, it was determined the 2) sampled residents (Residents medication as ordered and care ovide respiratory services as care d December 2019, revealed 8:00 PM; 12/15/2019 at 12:00 AM, 00 AM. Further review of the MAR 4:00 PM until 12/16/2019 at 4:00 rder, dated 09/27/2019, for hours for pain. Review of Resident d doses of Oxycodone-APAP. six (6) missed doses of ered, revised December 2016, ble objectives and timetables to eloped and implemented for each vould be developed within seven (7) himum Data Set). The policy further he services that were to be mental, and psychosocial ors associated with identified and timetables that met the ary Team (IDT), in conjunction with lemented a comprehensive, were derived from a thorough ment. The care planning process DT reviewed and updated the care awas not met, when a resident was with the required Quarterly e resident on 03/18/2019 with

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0656 Level of Harm - Actual harm Residents Affected - Few	was at risk for falls related to Deme and poor safety awareness. Contin have a reduced risk for falls and fal	nensive Care Plan for Fall Risk, initiated entia with confusion, incontinence, pool ued review revealed the goal of the ca I related injury. Interventions included non skid footwear. However, there was	r communication/comprehension, re plan was the resident would assist with transfers and
		22 AM, revealed Resident #91's side ra urther observation revealed the resider	
	Interview with Certified Nursing Assistant (CNA) #2, on 01/06/2020 at 11:36 AM, revealed the broken side rail was a safety issue and could cause an accident.		
	Interview with CNA #4, on 01/08/2020 at 9:08 AM, revealed the broken rail was a fall and trip hazard.		
	Interview with LPN (Licensed Practical Nurse) #4, on 01/06/2020 at 11:28 AM, revealed the side rail appeared to be broken. She stated Resident #91 could potentially fall out of bed.		
	Interview with LPN #2, on 01/10/2020 at 4:54 PM, revealed the nurses were responsible for completion of the Side Rail Assessment Screen when a resident was admitted . LPN #2 stated she was not sure of the facility's protocol for utilizing side rails.		
	Interview with Licensed Practical N plan was to communicate resident	urse #12, on 01/10/2020 at 2:47 PM, r care needs.	evealed the purpose of the care
		r #1, on 01/11/2020 at 10:24 AM, revea le initial and comprehensive care plans are needs.	
	Interview with the Director of Nursir audits related to care plans.	ng (DON), on 01/10/2020 at 5:04 PM, r	revealed she had not initiated any
	written with the initiation of pain me	n Management, dated October 2018, r dication and individualized to the resid avioral symptoms, and alternative pain	ent, addressing potential side
		22 AM, revealed Resident #34 neatly g vealed the resident went two (2) days v	
	included Low Back Pain, Radiculop Extremity. Review of the 5-day Min	ed the facility admitted Resident #34 o pathy, and Nontraumatic Compartment imum Data Set (MDS) Assessment, da a Brief Interview for Mental Status (BIM ident was interviewable.	Syndrome of Unspecified Lower ated 11/03/2019, revealed the
	(continued on next page)		

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con		agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICE (Each deficiency must be preceded by f			
F 0656 Level of Harm - Actual harm	Further review of the clinical record revealed a Physicians' Order, dated 11/06/2019, for Percocet 10-32 (Oxycodone-Acetaminophen, pain medication) give one (1) tablet by mouth every four (4) hours related Nontraumatic Compartment syndrome of Unspecified Lower Extremity.		
Residents Affected - Few	adequate relief of pain. Interventior physician of unrelieved or worsenir decrease in functional abilities, dec	evised 11/05/2019, revealed a goal that is included administering pain medicat ig pain; observing and reporting chang rease in range of motion (ROM), withd providing the resident and family with i	ions as ordered; notifying the es in usual routine, sleep patterns, rawal or resistance to care;
	Percocet 10-325 mg was not admir 4:00 AM, 8:00 AM, 12:00 PM, 4:00	on Administration Record (MAR), dated nistered on 12/14/2019 at 4:00 PM and PM, and 8:00 PM; or on 12/16/2019 at s the resident's pain level from 12/14/20	8:00 PM; 12/15/2019 at 12:00 AM, t 12:00 AM. Further review of the
	Review of the Progress Notes, dated 12/14/2019 at 4:49 PM, revealed Resident #34 available. Further review of the Progress Notes revealed staff did not assess the resi implement non-pharmacological interventions, or notify the physician to manage the two (2) days the Percocet was unavailable.		ess the resident's pain level,
	include applying a cold/warm comp have assessed Resident #38's pair should have notified the physician	020 at 11:52 AM, revealed non-pharm ress, offering fluids or diversional activ I level, implemented non-pharmacolog for a one-time order for pain medication erything. LPN #11 further revealed the nistered.	ities. LPN #11 stated she should ical intervention(s), and probably n; however, she was sometimes
	pain could include deep breathing, assessments and interventions sho	020 at 2:47 PM, revealed non-pharma repositioning, and positive visualization uld be documented in the progress no t not having pain medication available.	n. She further revealed pain
	Interview with LPN #4, on 01/09/2020 at 10:38 AM, revealed the care plan was not implemented if the prescribed services or medications were not administered.		
	Interview with LPN #12, on 01/10/2020 at 2:47 PM, revealed the care plan communicated the resident's care needs. LPN # 12 stated Resident #34's care plan was not implemented for pain management.		
		3. Observation, on 01/10/2020 at 10:33 AM, revealed Resident #101 seated at the bedside. Interview during observation revealed the resident's pain medication was sometimes not available.	
	include Congestive Heart Failure (Osteoarthritis. Review of the Quart	ed the facility readmitted the resident of CHF), Chronic Obstructive Pulmonary I erly Minimum Data Set, dated dated [D nterview for Mental Status (BIMS) sco terviewable.	Disease (COPD), and Primary ATE], revealed the facility
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con		20000/
		`	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	relief of pain or ability to cope with i per orders; monitor/record/report to	evised 09/20/2019, revealed a goal the incompletely relieved pain. Intervention o nurse resident's complaints of pain or were unsuccessful or if the current con of pain.	is included administer analgesia as requests for pain treatment; and
	10-325 mg give one (1) tablet by m Review of the MAR, dated October	revealed a Physicians Order, dated 09 outh every four (4) hours for pain. 2019, revealed a total of fourteen (14) 10/04/2019, 10/07/2019, 10/09/2019, 1	missed doses of
	Review of the MAR, dated Novemb 11/20/2019, 11/21/2019, and 11/26 Interview with Licensed Practical N	per 2019, revealed a total of six (6) miss	sed doses of Oxycodone-APAP or AM, revealed pain could affect a
	prescribed pain medication was not Interview with LPN #12, on 01/10/2	t administered. 020 at 2:47 PM, revealed the purpose LPN stated the care plan was not imple	of the care plan was to
	35750		
		01/07/2020 at 9:12 AM, revealed the r te (3L/min) and a BI-PAP (Bilevel Posi	
		I/07/2020 at 3:18 PM, revealed the res use. The equipment was atop of the bo	
		w revealed the facility readmitted the re gia and Hemiparesis following Cerebra	
	resident with a Brief Interview for M resident was interviewable. The resident (1) to two (2) staff for all activiti	Data Set review, dated 11/22/2019, re lental Status (BIMS) score of fifteen ou sident's functional status was determine ies of daily living (ADL). The facility det g and at rest and received oxygen there	t of fifteen (15/15) determining the ed to be extensive assistance with ermined the resident had shortnes
	care planning for Activities of Living	review dated 10/14/2019, revealed the g (ADL) function, Urinary Incontinence. and BI-PAP applications, as needed du	Section O, Special Treatment

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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	revealed nursing staff had not imple planned. The order for the BI-PAP December of 2019. Further review Resident #57's shower sheet forms received six (6) of the twelve scheot Interview, on 01/07/2020 at 9:12 AI however, the resident stated the ed physician ordered for him/her to we night. Resident #57 stated he/she t about not getting the BI-PAP during the facility about the BI-PAP, not re scheduled. Resident #57 stated be services, he/she filed a complaint w Interview, on 01/10/2020 at 3:47 PI care needs. She stated at times sh because of a lack of effective comm bath; however, she was not always staff to provide it. She stated the re came on shift and the resident had especially on the weekends, there w followed the care plan and the polic Interview, on 01/10/2020 at 4:03 PI order. However, she did not follow facility did not have enough staff ar medications and at times there was an issue with the shower schedule shift the showers should be provide often about this. 5. Resident #135's thirty (30) day M assessed Resident #135 with a Brid determined the resident was cognit (1) staff for bed mobility and surfac more injury falls. Resident #135's Quarterly MDS rev a BIMS score of five out of fifteen (freesident required extensive assista	stration Record (MAR) reviewed for Seg emented the planned care related to ac was not transcribed onto the October 2 revealed the resident had not received a review, 11/29/2019 through 01/04/202 duled showers. M, with Resident #57, revealed he/she guipment was placed on top of his/her of aar the equipment when he/she took a to alked to the staff nurse, the Unit Manag g nap times. The resident further stated ceiving timely brief changes and not ge cause of the situation and as a last res with the State (State Survey Agency). M with CNA #10, revealed at times a la e could not provide the showers, or kno nunication. CNA #12 stated Resident # sure who received a shower/bed bath isident sat in his/her soiled and wet brie a right to complain. CNA #12 stated wi were more falls and residents did not g cy there would not be as many complai M, with LPN #2 revealed she knew Res the policy or the order. Continued inter- nd there was a lack of oversight by facil s only on pill left in the narcotic box. Sh for CNA's who did not know which resi ed. She stated the ADL policy was not f Minimum Data Set (MDS) review, dated ef Interview for Mental Status score of tively severely impaired. The resident re to surface transfers. The facility asse view, dated 12/26/2019, revealed the fa 5/15), determining the resident was cog nce with two (2) staff for bed mobility a t had one (1) non-injury fall during this p	Iministration of the BI-PAP, as 019 MAR and was not received for his/her showers as scheduled. 20, revealed the resident only was supposed to wear a BI-PAP; closet. The resident stated the hap during the daytime and at ger and the Director of Nursing, , he/she had filed grievances with etting his/her showers as ort, in order to obtain the care and ck of staff affected the residents aw who was receiving a shower 57 was supposed to get a bed and there was not always enough of at least twice a week when she hen there was a lack of staff, et the care. The CNA stated if staff nts. bident #57 had a PRN BI-PAP view at 4:10 PM, revealed the ity leadership with reordering e further stated there was definitely dent got a shower and on what ollowed and residents complained 09/19/2019, revealed the facility four out of fifteen (4/15) and equired total assistance with one ssed the resident had two (2) or bidity assessed Resident #135 with gnitively severely impaired. The nd surface to surface transfers.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	 facility determined the resident was psychoactive drug use, vision/hearl free of falls through the next review down after lunch and as needed (P him/her to use it, prompt response when ambulating or mobilizing in w falls and attempt to determine the or resident/family/caregivers/IDT as to 01/10/2020 at 12:36 PM, revealed s or the Interdisciplinary Team meetin 09/06/19 and 11/07/2019. Resident #135's medical record rev diagnoses including Essential Hype Enterocolitis due to Clostridium Diff and really did not know what he/she hard to know at times what the resi thought staff had not checked adeq when he/she yelled out. Interview, on 01/10/2020 at 2:59 Pf times he/she did not understand. S because staff had not checked on the staff had not checked on the interview on 01/11/2020 at 10:24 A #135 to have frequent falls. However resident from getting up and somet to keep residents as safe as possib two (2) minutes later the resident tr in the resident's care occurred; and resident's call light and non-skid so hundred (100%) of the time, would interventions related to monitoring, stated, when a patient fell the IDT t the care plan and put interventions the root cause for falls. 	are Plan review revealed a revised goals at risk for falls related to his/her gait/bing problems and impaired cognition. Troon 04/20/2020. Interventions included (RN), keep his/her remote and call light to all requests for assistance, appropriate the chair. In addition, the facility plant cause of falls, record possible root cause to the causes. However, interview with the she could not locate the fall evaluation, ngs (IDT) notes for Resident #135's fall view revealed the resident was readmittertension, Diabetes Mellitus, Unspecifie ficile, Sepsis due to Enterococcus, Vas M with CNA #10, revealed Resident #12 e needed, did not always know what the dent needed. However, she stated since quately on him/her. CNA #10 stated states and the resident required monitor the resident often enough. AM, with MDS Coordinator #1, revealed er, she stated, with the resident's cognitoody would have to stand right by his/hole. However, the resident was one you ied to get up. She stated the care plan all interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. She stated she believed motion was missi	alance problems, incontinence and he goal for the resident was to be to encourage the resident to lay within reach and encourage ate footwear and non-skid socks led to review information on past les and educate the ne Director of Nursing (DON) on, post fall investigation, root cause, s, on 08/24/2019, on 09/01/2019, ted to the facility on [DATE] with d Cerebral Infarction, Pneumonia, cular Dementia and Bradycardia. 35 was confused and yelled out e call light was used for and it was the the resident had many falls she ff needed to check on the resident 35 understood at times, and at ing and supervision and he/she fell it was not normal for Resident tion it was hard to prevent the er bed. She stated the facility was provided care for (him/her) and was updated each time a change DS Coordinator stated the o one (1:1) supervision, one the care plan did not have erventions in place. She further she reviewed Nurse's Notes and in stated, the DON followed up on

R on olan to correct this deficiency, please cont	STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
olan to correct this deficiency, please con		
	l tact the nursing home or the state survey a	agency.
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
 6. Resident #493's Physician's Ord orders including Lamotringe 100 mito diagnoses of Essential Tremor a a day related to a diagnosis of Esseas needed (PRN) related to a diagr per minute (2L/Min) and keep the recannula. Resident #493's Admission Summa admitted the resident around 2:00 F were diminished, and his/her oxyge resident appeared to get Short of A physician. Resident #493's MDS review, dated Interview for Mental Status (BIMS) interviewable. Further review reveat therapy and received antianxiety minute (PRN) and psychotropic more ded (PRN) and psychotropic more administered, for the facility. Review of Resident #493's Pharma #493's medications, Lamotringe 10 the facility. Review of Resident #493's Progress Xanax 2 mg administered, for the fir PM. However, the resident had rem twenty-five (22 hrs 25m) minutes. Interview, on 01/06/2020 at 10:57 A and Topamax and he/she had not restated he/she made this concern kr frustration. Resident #493 stated LI hours. However, at 10:00 PM, the resident #493 stated LI hours. 	ler Sheet (POS) review, dated 01/01/20 illigram (mg) Tablet, by mouth (PO), tw ind Generalized Anxiety Disorder, Topir ential Tremor and Xanax Tablet, 2 mg, nosis of Essential Tremor and an order esident's oxygen saturation > 92% PRM ary Note review, dated 01/01/2020 at 32 PM. The note stated at the time of adm en saturation was ninety-five percent (9 sir (SOA) with ambulation and the nurse score of thirteen out of fifteen (13/15) of aled the resident had shortness of breat redications. e Care Plan revealed the resident rece edications. acy Delivery Manifest, dated 01/02/2020 00 mg, Topiramate 50 mg and Alpazaoa as Note, dated 01/02/2020 at 12:45 PM irst time since his/her admission, on 01 nained without his/her ordered medicati AM, with Resident #493 revealed the pf received these medication for thirty-six nown to the nurse at the desk and also PN #11 informed him/her the medication medications had not arrived from the pf	20, revealed the resident had o (2) times per day (BID) as related amate Tablet, 50 mg, one (1) time give one (1) every eight (8) hours to administer 2 Liters of oxygen N as related to COPD via nasal 39 PM, revealed the facility ission, the resident's lungs sounds 5%) on room air. In addition, the e reviewed all medications with the ssed the resident with a Brief letermining the resident was h with exertion and was on oxygen ived oxygen therapy and, as 0 at 12:44 PM, revealed Resident dm (Xanax) 2 mg, had arrived at , revealed the resident got his/her /01/2020 at approximately 2:00 ons for twenty-two hours and hysician ordered Lamictal, Xanax (36) hours. The resident further told LPN #11 about his/her ns should arrive in about four (4) harmacy. The resident stated,
	orders including Lamotringe 100 m to diagnoses of Essential Tremor a a day related to a diagnosis of Ess as needed (PRN) related to a diagn per minute (2L/Min) and keep the r cannula. Resident #493's Admission Summa admitted the resident around 2:00 l were diminished, and his/her oxyge resident appeared to get Short of A physician. Resident #493's MDS review, date Interview for Mental Status (BIMS) interviewable. Further review revea therapy and received antianxiety m Review of Resident #493's Baselin needed (PRN) and psychotropic m Review of Resident #493's Pharma #493's medications, Lamotringe 10 the facility. Review of Resident #493's Progress Xanax 2 mg administered, for the f PM. However, the resident had ren twenty-five (22 hrs 25m) minutes. Interview, on 01/06/2020 at 10:57 / and Topamax and he/she had not stated he/she made this concern ka frustration. Resident #493 stated L hours. However, at 10:00 PM, the n he/she, felt extreme anxiety, as her	 Resident #493's Admission Summary Note review, dated 01/01/2020 at 3: admitted the resident around 2:00 PM. The note stated at the time of adm were diminished, and his/her oxygen saturation was ninety-five percent (9 resident appeared to get Short of Air (SOA) with ambulation and the nurse physician. Resident #493's MDS review, dated 01/06/2020, revealed the facility assee Interview for Mental Status (BIMS) score of thirteen out of fifteen (13/15) of interviewable. Further review revealed the resident had shortness of breat therapy and received antianxiety medications. Review of Resident #493's Baseline Care Plan revealed the resident recein needed (PRN) and psychotropic medications. Review of Resident #493's Pharmacy Delivery Manifest, dated 01/02/2020 #493's medications, Lamotringe 100 mg, Topiramate 50 mg and Alpazaoa the facility. Review of Resident #493's Progress Note, dated 01/02/2020 at 12:45 PM. Xanax 2 mg administered, for the first time since his/her admission, on 01, PM. However, the resident had remained without his/her ordered medicati twenty-five (22 hrs 25m) minutes. Interview, on 01/06/2020 at 10:57 AM, with Resident #493 revealed the pf and Topamax and he/she had not received these medication for thirty-six stated he/she made this concern known to the nurse at the desk and also frustration. Resident #493 stated LPN #11 informed him/her the medication hours. However, at 10:00 PM, the medications had not arrived from the pf he/she, felt extreme anxiety, as he/she suffered from Congestive Obstruct

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDER OR SUPPLIER		P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0656		PM with the Director of Nursing (DON)	
Level of Harm - Actual harm	interventions in place. She stated, a	e at the time of the fall and, if there wa after the IDT met the MDS Coordinator	revised the care plan. The DON
Residents Affected - Few	further stated, that during the weekend she directed staff to call her with any falls and she provid direction to provide the care. She stated if the care plan was not revised then residents would no resident specific care. Continued interview with the DON revealed she expected the staff to prov changes every two to three (2-3) hours when they made rounds. She stated, she expected nursi document when they provided care, such as BIPAP administration. The DON stated she had ide		nen residents would not receive the bected the staff to provide brief ed, she expected nursing staff to
	omissions in the medical records an	nd was looking to identify a trend. A, with the Administrator revealed he e	vposted interventions related to
		ysis should be conducted, and they sho	

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	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0657 Level of Harm - Actual harm	Develop the complete care plan wi and revised by a team of health pro	thin 7 days of the comprehensive asse ofessionals.	ssment; and prepared, reviewed,
Residents Affected - Few	21585		
Residents Allected - Lew		and policy review it was determined the recommendations in order to address Resident #107).	
	The findings include:		
	goals and objectives that lead to the goals and objectives were defined objectives were not achieved the re- were not achieved and new goals a accordingly. All disciplines would h the desired out comes were being the resident had a significant change	Is and Objectives, Care Plans, revealed e resident's highest obtainable level of as the desired outcome for a specific re- esident's documentation in the medical and objectives would be established. C ave access to the information and wou achieved. The goals and objectives wo ge in condition, when the desired outco- lity from a hospital and at least quarter	independence. The care plan esident problem. When goals and record would occur as to why they are plans would be modified Id be able to report whether or not uld be reviewed and revised when me was not achieved, when the
	Review of the facility's policy for Weight Assessment and Intervention, not dated, revealed the multidisciplinary team would strive to prevent, monitor, and intervene for undesirable weight loss for the residents. Assessment information would be analyzed by the multidisciplinary team and conclusions would be made regarding resident's target weight range, approximate calorie needs and medical condition.		
	Review of the closed record for Resident #107, revealed the facility admitted the resident on 02/09/2009, and readmitted the resident on 10/21/2019, after a hospitalization . The resident had a history of Heart Failure, Acute Myocardial Infarction (heart attack), Chronic Kidney Disease and Diabetes.		
	104.1 pounds. The Dietary Note st (30) days and a 10.3 percent weigh review revealed a recommendation provide additional Kilocalories and	n/Dietary Note, made on 11/26/2019, r ated the resident had a significant weig nt loss in the last three months and 11. n for eight ounces of Nepro (a supplem Protein. However, the supplement did cation Administration Record (TAR/MA	ht change of 10.3 percent in thirty 8 percent in six months. Further ent), every day between meals, to not get transferred to the plan of
	Further review of the Nutrition/Dietary Note made on 12/05/2019, revealed Resident #107 weighed 103.2 pounds and the resident had a significant weight loss of 11.8 percent in the last three months and 11.3 percent in the last six (6) months.		
	(continued on next page)		

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0657 Level of Harm - Actual harm Residents Affected - Few	 the resident eight ounces of the supplements recommended eight additional Kilocalories and Protein. On 01/10/2020 at 12:20 PM, intervision know Resident #107 had experience supplements they would be on the supplements to the resident. CMT is supplements would not be administed experience a decline. Interview with Licensed Practical N Resident #107 was a diabetic and a remember much more about the replans routinely. She stated the facil loss or additional supplements were the MAR to alert her to this either. Interview on 01/11/2020 at 12:55 P that Resident #107's plan of care w resident. She stated if the facility di were placed on the plan of care, re 	iew with Certified Medication Technicia ced a weight loss. CMT #1 stated if the MAR/TAR. She stated she could not re #1 stated if the staff did not revise the p tered to address the identified weight lo urse (LPN) #15, on 01/11/2020 at 10:3 small in stature. However, due to her b isident. LPN #15 stated the Interdiscipli lity did not bring it to her attention the re e recommended. Continued interview r She stated she also did not review the f the resident. LPN #15 stated if staff di	 Nowever, no order was provided for a day between meals, to provide n (CMT) #1, revealed she did not resident had an order for symember administering blan of care then the recommended bass and the resident could 8 AM and 1:03 PM, revealed eing agency staff, she could not nary team revised resident care besident had a significant weight evealed there was nothing was on plan of care, she just depended on d not provide the recommended revealed she had not identified ded supplement of Nepro for the becommended dietary supplements xpected staff to revise care plans bass. He stated he was new to his

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	STREET ADDRESS, CITY, STATE, ZIP CODE	
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue Louisville, KY 40205		
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0677	Provide care and assistance to perform activities of daily living for any resident who is unable.			
Level of Harm - Minimal harm or potential for actual harm	35750			
Residents Affected - Few	provide the Activities of Daily Living	and review of the facility's policy, it wa (ADL) assistance necessary to ensure 32) sampled residents (Resident #57).		
	Resident #57 was not provided timely incontinent care on multiple occasions resulting in the resident being left in his/her soiled brief until the oncoming shift assisted him/her. In addition, the resident did not receive his/her showers as scheduled.			
	The findings include:			
	Review of the facility's policy, Quality of Life - Accommodation of Needs, revised August 2009, revealed the facility's environment and staff behaviors were to be directed toward assisting residents in maintaining and/or achieving independent function, dignity and well-being.			
	diagnoses including, Hemiplegia ar Syndrome, Acute and Chronic Res	ecord revealed the facility readmitted th nd Hemiparesis following a Cerebral In piratory Failure with Hypercapnia, Slee nxiety Disorder, and Vascular Dement	farction, Obesity, Chronic Pain p Apnea, Chronic Obstructive	
	facility assessed the resident to have (15/15), which indicated he/she was revealed the facility assessed the revealed the revea	inimum Data Set (MDS) for Resident # ve a Brief Interview for Mental Status (I s not cognitively impaired and was inte esident's functional status as requiring aily Living (ADL), which included brief o	BIMS) score of fifteen out of fifteer rviewable. Continued review extensive assistance with one (1)	
		edule for Resident #57, for the 2 B-Hall resident's showers for Tuesday and Fri		
	Resident #57 had received six (6) of	ets for the timeframe of 11/29/2019 thi of the twelve (12) scheduled showers. I shower per week instead of the two (2	Per review of the shower sheets,	
	having to lay in his/her feces for ho and urine for over three (3) hours th wall and know . what time he/she c promised him/her they would do be and time again. Resident #57 state	M, with Resident #57 revealed he/she f urs. The resident stated he/she had re he previous night. Per interview the res alled staff for assistance. Continued in stter; however, the resident stated he/si d, I don't get my showers as scheduled ther interview revealed the shower issu	mained in a brief soiled with feces ident stated, I have a clock on the terview revealed nursing staff he remained in soiled briefs time d, sometimes I have to wait almost	
	(continued on next page)			

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please cont	l tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	TIENCIES full regulatory or LSC identifying information	on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Interview, on 01/10/2020 at 11:06 A to work on her shift Resident #57 h not changed his/her brief. Interview, on 01/10/2020 at 3:58 PM She stated she did not always know enough staff. Per interview, the sho not always received his/her shower he/she had not received his/her shower he/she had sat in his/her own urine. P urine felt like ice water. She stated there was at least an ounce of truth Interview, on 01/10/2020 at 11:10 A reported to her at times when nursi Per interview, the CNA's talked abor resident to nurse ratio at the facility According to the CMT, however, it to Interview, on 01/10/2020 at 4:19 PM Per interview, staff were confused a complained about it all the time. Fu an ongoing issue. Interview, on 01/10/2020 at 12:18 F CNA's as much as possible with tur stated however, incontinent care m medications timely. The LPN revea for in a timely manner. Continued ir excrements before and stopped wh should be kept dry and clean othen kept clean and dry they could have Interview, on 01/09/2020 at 11:37 A told her about not receiving timely to	AM, with Certified Nursing Assistant (Cl ad several times been wearing a soiled W, with CNA #10, revealed Resident #5 w which resident was to be showered, a ower schedule was confusing. Accordin rs. Continued interview revealed Reside ower. CNA #10 stated the resident ask who stated Resident #57 had sat in his inder his/her brief. She further stated R AM, with CNA #12, revealed Resident # re interview, at times when she had ch Resident #57 was not always an accur	VA) #13, revealed when she came I brief because the prior shift had 57 was supposed to get a bed bath and at times the facility did not have g to CNA #10, Resident #57 had ent #57 fussed and complained if ed her and the nurses what could s/her poop at least twice a week esident #57 had a right to complain the resident s brief, the ate reporter of details; however, n (CMT) #2, revealed the CNA's inged Resident #57's soiled briefs. The CMT stated there was a high for the residents living there. soiled brief and just go home. d an ineffective shower schedule. what shift. She stated residents complaints were valid, as this was at the providing incontinent care. She her from passing the residents' ecause they had not been cared ent #57 sitting in his/her own up. LPN #11 stated residents is was a dignity issue for a resident. SSA), revealed Resident #57 had resident remained for several hours.

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		B. Wing	
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying information	on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	perform brief changes when they con- resident remained in his/her soiled irritation. Continued interview reveal from the presence of the soiled brief nursing staff had made her aware F approach the resident again. The D in a timely manner. Further intervier had reeducated one (1) CNA who so Interview, on 01/10/2020 at 5:02 PM showers when they were scheduled	PM, with the Director of Nursing (DON), onducted their rounding, every two (2) 1 brief for longer times, than the two (2) 1 bled it could also possibly cause skin im of, it could affect the resident's psychos Resident #57 refused assistance at time ON stated her expectation was for nur- w revealed she had not performed aud she had received a concern about rega M, with the Administrator, revealed he e d. He stated he also expected residents resident did not receive timely assistan d be cared for.	hours. According to the DON, if a hours, it could cause them skin apairment, and if an odor remained ocial well-being. She stated es and she told staff they had to sing staff to perform brief changes its related to this concern yet, but rding residents' perineal care.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
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(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICE (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)
F 0684	Provide appropriate treatment and care according to orders, resident's preferences and goals.		eferences and goals.
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 35750
Residents Affected - Few		and review of the facility's policy it was edications in a timely manner for one (1	
	administered in a safe and timely m only to be administered by licensed document the medication administr accordance with the prescriber's or effect of the medication. Further re- preferences, consistent with his/her the scheduled time, the individual a in the space provided for the drug. Review of the facility's policy, Quali facility's environment and staff's be	nistering Medications, dated April 2019 nanner, and as prescribed. Continued r l persons, or as permitted by the state, ation. According to the policy, medicat ders to include the required time frame view revealed this was performed to ho r care plan. If a drug was withheld, refu- idministering it was to initial the Medica	review revealed medications were to prepare, administer and ions were administered in e, and for the optimal therapeutic onor the resident's choices and used, or given at a time other than ation Administration Record (MAR) revised August 2009, revealed the
	achieving independent function, dignity and well-being. Review of Resident #493's clinical record revealed the facility readmitted the resident on 01/01/2019 with diagnoses including, Acute and Chronic Respiratory Failure with Hypercapnia, Chronic Obstructive Pulmonary Disease (COPD) and Generalized Anxiety Disorder, Urinary Tract Infection Site not specified and Essential Tremor.		
	#493 to have a Brief Interview for N resident was interviewable. Further	MDS) assessment dated [DATE], revea lental Status (BIMS) score of thirteen (review revealed Resident #493 was a ygen therapy, and received antianxiety	13) out of fifteen (15) indicating th ssessed to have shortness of
	which included the following medica (PO) two (2) times per day (BID) re Disorder; Topiramate (an anticonvu Tremor; and Xanax (an antianxiety) of Essential Tremor. In addition, fur (O2) to be administered at two (2) I (PRN), to keep the resident's oxyge	n Order Sheet (POS) dated 01/01/2020 ations: Lamotringe (an anticonvulsant) lated to a diagnosis of Essential Tremo lasant) tablet 50 mg one (1) time a day) tablet 2 mg one (1) every eight (8) ho ther review of the Physician's Order SI iters (L) of oxygen per minute (2L/Min) en saturation level greater than (>) 92%	100 milligram (mg) tablet by mout or and Generalized Anxiety related to a diagnosis of Essential urs as needed (PRN) for diagnosis heet revealed an order for Oxygen via nasal cannula as needed
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI (Each deficiency must be preceded by fr		IENCIES full regulatory or LSC identifying informati	on)
F 0684 Level of Harm - Actual harm Residents Affected - Few	Review of the facility's Admission S the resident was admitted at appro- admission the resident's lungs sour review revealed Resident #493 app addition, the Admission Summary N the Physician.	ued review revealed at the time of vel was 95% on room air. Further with ambulation at times. In	
		/anifest, dated 01/02/2020 timed 12:44 acility for Resident #493: Lamotringe 1 Xanax) 2 mg.	
	Review of facility's Progress Note for Resident #493, dated 01/02/2020 at 12:45 PM, revealed the resident received his/her Xanax 2 mg, for the first time since his/her admission on 01/01/2020 at 2:00 PM.		
	Review of the facility's Medication Administration Record (MAR) for Resident #493 revealed the Physician's Orders for Topamax, Lamotringe and Xanax had been transcribed onto the MAR on 01/02/2020 at 8:00 AM. However, record review revealed the Physician ordered all the medications on 01/01/2020.		
		nent Report, printed date of 11/13/201 ad Resident #493's ordered Topamax, v available for use for the resident.	
	strengthening after a hospital stay. medications, Lamictal, Xanax and [¬] Resident #493, I asked the nurse a it was already 10:00 PM. After I ask about four (4) hours away. Continu- received my breathing therapy altho- exhale. Thankfully, the hospital had	1/06/2020 at 10:57 AM, revealed he/sh Per interview, the resident stated he/sh Topamax for about thirty-six (36) hours nd was told my medications would be ked several more times the nurse told n ed interview revealed the resident state ough having COPD. All I could do was I loaded me up with steroids. Resident trol it mentally, when in reality it was pl puld arrive.	he had not received his/her after admission. According to here within four (4) hours, but then ne the pharmacy was located ed, I felt extreme anxiety, had not to take deep breaths, inhale and #493 further stated, I had chest
	had been primarily concerned about	sistant (CNA) #3, on 01/10/2020 at 11: tt all his/her medications, but mostly th ther interview revealed CNA #3 stated	e as needed (PRN) medication
	issue with medication delivery. Per	Practical Nurse (LPN) #2, on 01/10/2020 at 4:03 PM, revealed the facility had an elivery. Per interview, in respect to medication delivery, she stated medications ; however, the issue was nobody oversaw the reordering/ordering of medications.	
	the medications. According to LPN	020 at 12:18 PM and again at 12:27 P #11, residents were not getting their m d staff then they sent the medications o	edications on time (at the facility).
	1		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0684 Level of Harm - Actual harm Residents Affected - Few	trouble with nurses following up on medications, and acknowledged it l Interview with the Director of Nursin concerns on medication reordering Interview with the Administrator, on nurse should have tried to get Resi Administrator, if the medication had	r of Nursing (ADON), on 01/11/2020 at Physician's Orders. She stated she kn had also been a struggle for her as wel og (DON), on 01/11/2020 at 12:43 PM, and educated nurses on how to follow 01/10/2020 at 5:02 PM, revealed he v dent #493's medication STAT (immedi been available in the Emergency Dru getting the medication timely made Re uality of care.	ew the nurses struggled to reorder I. revealed she had identified some up on medications. vas not a clinician; however, the ately). According to the g Kit, then the nurses should have

NAME OF PROVIDER OR SUPPLIE Highlands Nursing and Rehabilitation For information on the nursing home's p (X4) ID PREFIX TAG		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	tact the nursing nome of the state survey	agency.
	(Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0692	Provide enough food/fluids to maintain a resident's health.		
Level of Harm - Actual harm	21585		
Residents Affected - Few	 with an identified weight loss were i recommended for one (1) of thirty-t Review of the December 2019 Phy ordered the facility to weigh the resident also has Glucerna, two (2) times a day. Review of the facility's electronic W and 102 pounds, on 10/24/2019. For of the log revealed staff did not weil October 14, 2019 and December 3 Review of Nutrition/Dietary Note matthe resident had a significant weigh six months. The dietitian recommer Administration Record revealed the The findings include: Review of the facility's policy for We multidisciplinary team would strive residents. The nursing staff would residents. The nursing staff would residents. The threshold for significant weigh than a severe. For a three month weigh loss was severe. During a sit 10% was severe. Assessment infor would be made regarding resident's etc. The team and the physician work Review of Resident #107's closed rand readmitted the resident on 10/2 	and policy review it was determined the monitored for further weight loss and th wo (32) sampled residents (Resident # sician's Orders for Resident #107, reve ident two (2) times per week, every Mo d an order for staff to provide eight (8) /eight Log, revealed Resident #107 wei urther review revealed this was a 14 pc ght the resident per the physician's ord 1, 2019. No weights were documented ade on 12/05/2019, revealed Resident to loss of 11.8 percent in the last three in heded eight ounces of Glucerna two time a Glucerna supplement was inconsister eight Assessment and Intervention, not to prevent, monitor, and intervene for u measure resident weight assessment wou ificant unplanned and undesired weigh time frame a 5% weight loss was sign a mit's Weight Record or notebook and since the last weight loss was sign to time frame a 7.5% weight loss was sign a time frame a 7.5% weight loss was sign to time frame a 7.5% weight loss was sign a time frame a 7.5% weight los	hat supplements were provided as (107). ealed on 09/30/2019, the physician onday and Thursday, related to ounces of the supplement, ighed 116 pounds on 10/03/2019, ound weight loss. Continued review ler on seventeen days between for January 2020. #107 weighed 103.2 pounds and months and 11.3 percent in the last es a day. Review of Medication htly documented as given. It dated, revealed the indesirable weight loss for the next day, and weekly for two its would be measured monthly. If in the individual's medical record. Id be retaken the next day for it loss would be based on the ficant and a greater than 5% weight grificant and a greater than 7.5% is was significant and greater than 7.5% is was significant and greater than 5% weight grificant and a greater than 5% so is for the needs, and medical condition is that may be causing weight loss.

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(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI (Each deficiency must be preceded by f			on)
F 0692 Level of Harm - Actual harm Residents Affected - Few	 (Each deficiency must be preceded by full regulatory or LSC identifying information) Review of the December 2019 Physician's Orders for Resident #107, revealed on 09/30/2019 wrote orders for the facility to weigh the resident two (2) times per week, every Monday and Trelated to Heart Failure. The resident also had an order for staff to provide eight (8) ounces of supplement, Glucerna, two (2) times a day. Review of the facility's electronic Weight Log, revealed Resident #107 weighed 116 pounds of and was 102 pounds, on 10/24/2019; which was a 14 pound weight loss. Continued review of revealed staff did not weight the resident per the physician order on 10/14/2019, 10/17/2019, 10/31/2019, 11/04/2019, 11/07/2019, 11/14/2019, 11/18/2019, 11/25/2019, 12/05/2019, 12/09/2019, 12/16/2019, 12/26/2019, 12/26/2019, or 12/30/2019. No weights we for January 2020. Review of the Nutrition/Dietary Note made on 12/05/2019, revealed Resident #107 weighed and the resident had a significant weight loss of 11.8 percent in the last three months and 11 last six months. The resident's diet was a mechanical soft modified diabetic diet with thin liqu Dietitian recommended eight ounces of Slucerna two times a day. Review of the Medication Record revealed the Glucerna supplement was inconsistently documented as given. Review of Resident #107's Nutrition/Dietary Note, made on 11/26/2019, revealed the resident 104.1 pounds. The Dietary Note stated the resident had a significant weight change of 10.3 p days; a 10.3 percent weight loss in the last three months; a 11.8 percent in the six months ar recommendations were made for eight ounces of Nepro (a supplement), every day between provide additional Kilocalories and Protein. However, the supplement did not get transferred care nor to the Treatment or Medication Administration Record (MAR/TAR). Interview with Certified Medication Technician (CMT) #1, on 01/10/2020 at 12:20 PM, revealed agency staff and		ealed on 09/30/2019, the physician every Monday and Thursday, e eight (8) ounces of the ighed 116 pounds on 10/03/2019, Continued review of the log V/2019, 10/17/2019, 10/28/2019, 9, 11/25/2019, 12/02/2019, 019. No weights were documented lent #107 weighed 103.2 pounds iree months and 11.3 percent in the ic diet with thin liquids. The v of the Medication Administration d as given. evealed the resident's weight was ht change of 10.3 percent in thirty n the six months and every day between meals, to not get transferred to the plan of R). tt 12:20 PM, revealed she was pss. She stated her role as a CMT She stated she did not document CMT #1 also stated if the resident she could not remember not monitor residents' weights or a decline. al Nurse (LPN) #15, revealed rever, due to her being agency the facility did not bring it to her s not being weighed as ordered. ated she believed the leadership ngs, which she did not attend. LPN
	contribute to a decline. (continued on next page)		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0692 Level of Harm - Actual harm Residents Affected - Few	Interview with the Director of Nursin were not routinely obtaining weight yet fixed the system issues related tried to pull staff aside at the time th follow policy. The DON stated she discussion in the morning meeting ordered. She stated if the facility direction experience a decline.	ng (DON), on 01/11/2020 at 12:55 PM, s as ordered. The DON stated she record to monitoring residents with identified of hey identified non-compliance with physical had not identified Resident #107's weig about the staff not weighing the resident d not assess or monitor residents for w	revealed she had identified staff ently assumed her role and had not weight loss. She stated the facility sician orders or when staff did not ght loss, nor did she remember a nt or providing the supplements as reight loss, residents could

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(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC		`	
F 0695	Provide safe and appropriate respir	atory care for a resident when needed	
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 35750
Residents Affected - Few	failed to provide respiratory service facility failed to apply the Bilevel Po	cord review and review of the facility's s for one (1) of thirty-two (32) sampled sitive Airway Pressure (BIPAP) machir night sleep times, as ordered by the p	residents (Resident #57). The ne on Resident #57, during day
	The findings include:		
	administered in a safe and timely m the state to prepare, administer and supervised and directed all personn were administered in accordance w optimal therapeutic effect of the me consistent with his/her care plan. F	histering Medications, dated April 2019 hanner, and as prescribed and only by d document the administration. The Dir hel who administered medications and/ ith prescriber orders, including the req idication which honored the resident's of urther review revealed if a drug was wi individual initialed the Medication Admi	persons licensed or permitted by ector of Nursing services or related functions. Medications uired time frame and for the choices and preferences, thheld, refused, or given at a time
	Observation of Resident #57, on 01/07/2020 at 9:12 AM, revealed the resident had oxygen on via nasal cannula at three (3) Liters per minute (3L/min) and a BIPAP machine sat on top of the resident's closet.		
	Observation of Resident #57, on 01/07/2020 at 3:18 PM, revealed the resident rested in bed, eyes closed without the BIPAP machine on. The equipment was atop the bed and was not administered during the resident's naptime.		
	diagnoses including Acute and Chr Hemiparesis following Cerebral Infa	ecord revealed the facility readmitted th onic Respiratory Failure with Hypercap arction, Chronic Obstructive Pulmonary ut Behavioral Disturbance and Chronic	nia, Sleep Apnea, Hemiplegia an Disease, Generalized Anxiety
	Review of Resident #57's Significant Change Minimum Data Set, dated dated [DATE] and the Care Area Assessment Summary revealed the resident received oxygen therapy and BIPAP treatment.		
	the resident with a Brief Interview for the resident was interviewable. The with one (1) to two (2) staff for all a	Review of Resident #57's Quarterly Minimum Data Set, dated dated [DATE], revealed the facility assessed he resident with a Brief Interview for Mental Status (BIMS) score of fifteen out of fifteen (15/15) determinin he resident was interviewable. The resident's functional status was determined to be extensive assistance with one (1) to two (2) staff for all activities of daily living (ADL). The facility determined the resident had whortness of breath with exertion, when sitting and at rest and received oxygen therapy.	
	the resident to have a BIPAP mach	on Administration Record (MAR) revea ine on every evening at bedtime. The p the day, whenever, the resident was s	physician also ordered the same
	(continued on next page)		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	`	- · ·
F 0695 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Review of Resident #57's MAR for a the nurses had never applied the as the physician. The December 2019 Review of Resident #57's routine, b administered/applied the treatment Review of Resident #57's routine M bedtime BIPAP. Review of the Prog the ordered therapy. The December received. Review of Resident #57's Progress evidence the resident received the Interview with Resident #57, on 01/ machine; however, the resident state equipment on during the day when Interview with Certified Medication resident used a BIPAP machine at was supposed to put the equipment oxygenation. However, if the reside to his/her brain and could have a st have followed it. Interview with Licensed Practical Nit shift and she knew Resident #57 re an order and stated, The nurse sho equipment, PRN, as ordered. She s should have to gasp for air. LPN #2 complications. Interview with the Director of Nursin used a BIPAP and had occasionally equipment prior to putting it on and She further stated there were omiss identify a trend.	September, October, November of 201 s needed (PRN) BIPAP during daytime MAR for routine and PRN medications bedtime BIPAP, on the September MAR four (4) times in September and five (5 IAR for October 2019 revealed the resigness Notes revealed no documented of r 2019 MAR for routine and PRN medi Notes from 10/15/2019 through 01/07 as needed BIPAP as ordered by the pl 07/2020 at 9:12 AM, revealed he/she wited nursing staff had not put it on durin he/she napped. Tech (CMT) #2, on 01/10/2020 at 11:3 night, ordered by physician. She stated t on because the resident needed the of int did not have the BI-PAP the resider roke. The CMT stated if the physician urse (LPN) #2, on 01/10/2020 at 4:03 F isceived the BIPAP as needed/PRN, shi uid follow the order. However, she ack stated the order was for the resident's F 2 stated the resident could die without t hg (DON), on 01/11/2020 at 12:40 PM, y refused it. The DON stated the reside she expected staff to document if they sions in the medical records that she h 01/10/2020 at 5:02 PM, revealed he e	 9, and January of 2020, revealed a sleep/nap hours, as ordered by a was requested but not received. R revealed nurses had not i) times in November of 2019. dent had no order for the routine, evidence nursing staff had applied cations was requested but not /2020 revealed no documented hysician during daytime/nap hours. vas supposed to use a BIPAP g the night and they never put the d the nurse that worked at night equipment to get proper to might not adequate oxygen flow ordered it, the nursing staff should PM, revealed she worked the first a stated she knew the resident had no by his equipment or have other revealed she knew Resident #57 ant wanted the nurse to clean the had not provided the treatment.

AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0697 Level of Harm - Actual harm Residents Affected - Few	 Provide safe, appropriate pain man **NOTE- TERMS IN BRACKETS H Based on observation, interview, refacility failed to ensure effective pai #34 and #101). The facility failed to when needed. A total of nine (9) mi The findings include: Review of the facility's policy, Pain was for each resident to be assess The policy revealed the physician v to the policy, residents receiving ro Nurse during rounds and/or during effectiveness of the pain medication (MAR), or on the facility's specific F 1. Observation on 01/07/2019 at 10 bedside in no apparent distress. Int needed pain medication for his/her his/her pain medication for two (2) of Review of the clinical record for Re diagnoses which included Low Bac Compartment Syndrome of Unspecin a muscle builds up to a dangerou Review of the facility's Minimum Da assessed Resident #34 with a Brief (15), indicating the resident was no Review of Resident #34's History & Intractable Back Pain (severe, const the H&P revealed an Magnetic Resident's lumba 	agement for a resident who requires s AVE BEEN EDITED TO PROTECT Concord review, and review of the facility's in management for two (2) of thirty-two have an effective system to ensure particles and the ensure particles and the ensure particles and the ensure particles of pain medication for the Management, dated October 2018, reviewed for pain, and to maintain the resider yould be notified of unrelieved or worse utine pain medication were to be assess medication pass. Per the policy, the re- in were to be documented on the Medic vain Management Flow Sheet. 2:22 AM, revealed Resident #34 neatly erview during the observation revealed back and neck pain. According to the days because the facility let it run out. sident #34 revealed the facility admitter k Pain, Radiculopathy (disease of a ne- ified Lower Extremity (a painful condition is level). tha Set (MDS) Assessment, dated 11/06 is therview for Mental Status (BIMS) to the severely cognitively impaired and the Physical (H&P) dated 10/24/2019, revistant, relentless and debilitating pain the ionance Imaging (MRI), performed price ar spine.	uch services. ONFIDENTIALITY** 34116 s policy, it was determined the (32) sampled residents (Residents ain medications were available resident experiencing chronic pain. vealed the purpose of the policy nt as free from pain as possible. ening pain in a resident. According seed each shift by the Charge ason for administration, and cation Administration Record groomed and seated on the d Resident #34 stated he/she resident, he/she had been without d the resident on 10/28/2019 with erve root), and Nontraumatic ion occurring when pressure levels 3/2019, revealed the facility cal score of twelve (12) out of fifteen refore was interviewable. vealed a Chief Complaint of lat is not curable). Further review of or to admission, showed significant 2018, for Percocet 10-325 mg

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0697 Level of Harm - Actual harm Residents Affected - Few	 resident's Percocet 10-325 mg was PM; 12/15/2019 at 12:00 AM, 4:00 AM. A total of nine (9) missed dose review of the MAR revealed no doc 12/14/2019 at 4:00 PM until 12/16/2 Review of the facility's Progress Note medication was not available to add continue to monitor the resident. Review of the medication was doc had notified the Physician to get a progress Note, dated 12/16/2019 at been available for administration}, it to Resident #34 from the facility's Erevealed no documented evidence non-pharmacological interventions, the thirty-six (36) hours his/her press Note, dated 12/16/2019 at sometimes a resident could miss two to LPN #2, Oxycodone was not available for administration problems getting medications from narcotic pain medication ever since issues with delivery of stat medicati sometimes a resident could miss two to LPN #2, Oxycodone was not available to LPN #2, Oxycodone was not available have assessed Resident #34's pair interview, she probably should have resident was out of medication. Hor Further interview revealed a reside administered accordingly. Interview with LPN #10, on 01/09/2 medication in the facility's electronic controlled medications. She further 	sident #34 dated December 2019, reverse administered on the following dates: 1 AM, 8:00 AM, 12:00 PM, 4:00 PM, and as of pain medication for the resident ex- cumented evidence staff had assessed 2019 at 4:00 AM, a period of thirty-six (the dated 12/14/2019 at 4:49 PM, reverse minister. The Note stated the nurse had eview of the Progress Note dated 12/19 umented to have been unavailable for prescription for Resident #34's Percocce it 3:39 AM{approximately thirty-six (36) revealed the nurse had obtained a one- fmergency Drug Kit (EDK) box. Further staff had assessed Resident #34's pail or had notified the Physician in order to scribed Percocet had been unavailable urse (LPN) #2 on 01/08/2020 at 10:02 the pharmacy and stated there were for the facility switched pharmacies. She ion orders. LPN #2 stated the pharmacy to (2) doses before the medication was ailable in the emergency drug kit (EDK) 020 at 11:52 AM, revealed the facility the anged in September 2019. LPN #11 st on was not available and request a one eeded; however, she did not know why of the physician to pull from the EDK ur non-pharmacological pain interventions is or diversional activities. Continued int hevel, and implemented some non-pha- e notified the Physician for a one-time of wever, she was sometimes swamped a nt could have been in a lot of pain if the 020 at 11:07 AM, revealed nurses were c MAR (eMAR) and for notifying the ph stated the nurse was responsible for of m the EDK. LPN #10 stated she was n ain medication.	2/14/2019 at 4:00 PM and 8:00 8:00 PM; and 12/16/2019 at 12:00 speriencing chronic pain. Further the resident's pain level from 36) hours. Ided Resident #34's Percocet pain a notified the Pharmacy and would 5/2019 at 4:02 PM,{twenty-four (24) administration}, revealed the nurse it pain medication. Review of hours after the medication had not time order to administer Percocet review of the Progress Notes in level, implemented any o manage the resident's pain for AM, revealed the facility had ts of issues getting residents' further revealed there were also y was located out of town and a delivered to the facility. According and issues with timely delivery of ated the nurse was responsible for e-time order to pull the controlled she did not notify Resident #34's till the medication arrived from the would include applying a erview revealed LPN #11 should armacological intervention(s). Per order for pain medication as the and did not document everything. eir pain medication was not

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For information on the nursing home's	plan to correct this deficiency, please cont		agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		
F 0697 Level of Harm - Actual harm Residents Affected - Few	Interview with LPN #12 on 01/10/20 orders from the Pharmacy. Accordi prescription was needed for refills. EDK and/or notifying the Physician with LPN #12 revealed non-pharma include deep breathing, repositionir interventions should be documente upset about not having pain medica 2. Observation, on 01/10/2020 at 10 observation revealed the resident s available. Review of the clinical record reveal include Congestive Heart Failure (C Osteoarthritis. Review of the Quarterly Minimum D	020 at 2:47 PM, revealed the facility ha ng to LPN #12, the pharmacy did not n The LPN stated nurses were responsit for a prescription if a medication was r acological interventions to use for resid ng, and positive visualization. She furth d in the Progress Notes. According to	d problems receiving medication totify the facility whenever a new oble for pulling medications from the not available. Continued interview ents' pain management could ter stated pain assessments and LPN #12, Resident #34's was very ed at the bedside. Interview during n for days because it was not on 03/25/2017 with diagnoses to Disease (COPD), and Primary d the facility assessed the resider
	10-325 mg give one (1) tablet by m Review of the MAR, dated October Oxycodone-APAP on 10/02/2019, 7	2019, revealed a total of fourteen (14) 10/04/2019, 10/07/2019, 10/09/2019, 1	missed doses of 0/11/2019, and 10/13/2019.
	11/20/2019, 11/21/2019, and 11/26 Interview with Licensed Practical N issues getting medication delivered prescription and Resident #101 wor responsible for notifying the physici needed. The nurse stated pain cou	er 2019, revealed a total of six (6) miss /2019. urse (LPN) #4, on 01/09/2020 at 10:38 from the pharmacy. She stated somet uld run out of pain medication. Accordi an and pulling the narcotic from the Er Id affect a resident's activities of daily I 020 at 11:52 AM, revealed there were	AM, revealed the facility had imes the pharmacy needed a new ng to LPN #4, nurses were nergency Drug Kit (EDK) as iving (ADL).
	medications and stated she reporter representative. Interview with LPN #12, on 01/10/2 medications. She stated staff were find out why the medication was no	d the issues to the former Administrato 020 at 2:47 PM, revealed the facility ha not aware the pharmacy needed a new	or and the pharmacy ad problems with delivery of v prescription until they called to
	physician to request a one-time ord	ler to remove a narcotic from the EDK ant to manage pain because pain could	if a pain medication was not

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
AND FLAN OF CORRECTION		A. Building	01/11/2020
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLI	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue	
		Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0697	Interview with the Regional Directo	r of Customer Success for the pharma	cy used by the facility, on
Level of Harm - Actual harm	01/11/2020 at 12:52 PM, revealed medications.	he was not aware of any recent issues	related to orders or delivery of
Residents Affected - Few	Interview, on 01/11/2020 at 12:29 I	PM with the Director of Nursing (DON)	revealed she had recently assumed
		omissions in the medical records and	
	administered as ordered and the fa	M, with the Administrator revealed he e acility was still in the process of finding dministration and availability issues.	
		, on 01/11/2020 on 2:42 PM, revealed I	
	to resolve an issue with faxed pres issues with delivery of medications	criptions. The Medical Director stated h	ne was not aware of any persistent

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIE	D	STREET ADDRESS, CITY, STATE, ZI	
Highlands Nursing and Rehabilitati		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0700 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	 resident for safety risk; (2) review th consent; and (4) Correctly install ar **NOTE- TERMS IN BRACKETS H Based on observation, interview, reto ensure the correct use and main residents (Resident #91). Resident on the floor. The findings include: Review of the facility's policy regards sleeping environment would be assed medical conditions, comfort, and fror regarding previous sleeping habits deaths/injuries from the beds and r footboard, and bed accessories), th were properly installed using the m proper fit (e.g., avoid bowing, ensuries is a realist for any reason, the staff s Review of the facility's policy titled, 	ng a bed rail. If a bed rail is needed, these risks and benefits with the resider and maintain the bed rail. AVE BEEN EDITED TO PROTECT Concord review, and facility policy review is tenance of resident side rails for one (1 #91's bed rail was not securely attached ding, Bed Safety, revised December 20 sessed by the interdisciplinary team, con- bedom of movement, as well as input find and bed environment. The policy further elated equipment (including the frame, ne facility would promote approaches in anufacturer's instructions and other per re proper distance from the headboard hould take measures to reduce related Safety and Supervision of Residents, in ment as free from accident hazards as	DNFIDENTIALITY** 34116 t was determined the facility failed 1) of thirty-two (32) sampled ed to the bed and partially rested 007, revealed the resident's insidering the resident's safety, rom the resident and family er revealed to try to prevent mattress, side rails, headboard, including ensuring that bed side rails rtinent safety guidance to ensure and footboard, etc.). When using risks.
	how to identify and report accident Observation, on 01/06/2020 at 11:2 attached to the bed and the right ra #91 attempted to move his/her legs Review of the clinical record reveal included Atrial Fibrillation, Dementi Review of the Annual Minimum Dai with a Brief Interview for Mental Sta impaired. Further review of the MD Review of the Side Rail Assessment	ed the facility admitted Resident #91 o a without Behavioral Disturbance, and ta Set (MDS), dated [DATE], revealed atus (BIMS) score of 99 and determined S revealed the resident required extens nt, dated 04/09/2019, revealed the resident	accidents. bed. Two (2) half side rails were ther observation revealed Resident n 03/18/2019 with diagnoses which Type 2 Diabetes Mellitus. the facility assessed Resident #91 d the resident was cognitively sive assistance for transfers. dent would not utilize side rails.
	Review of Resident #91's Physicial (continued on next page)	's Orders, dated 01/01/2020, revealed	unere was no order for side rails.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
Highlands Nursing and Rehabilitation 1705 Stevens		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0700 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	rail seemed to be broken and looke when she transferred the resident to because she just noticed it about fi issue and the resident could potent Further observation, on 01/06/2020 Resident #91's room. Interview with Certified Nursing Ass broken side rail about 10:00 AM (and transferred the resident back to be According to CNA #2, the broken s Interview with CNA #4, on 01/08/20 for about 4 months and stated she stated the broken rail was a fall and Review of Completed Work Orders	at 11:33 AM, revealed LPN #4 walked sistant (CNA) #2, on 01/06/2020 at 11:3 n hour and 36 minutes earlier) when sh d; however, she did not notify maintena ide rail was a safety issue and could ca 020 at 9:08 AM, revealed she had notic reported the issue to the nurse and sul	ated she noticed the broken rail orted the issue to maintenance ad the broken rail was a safety If the Maintenance Director to 36 AM, revealed she noticed the e, LPN #4, and a therapy aide nce or submit a work order. ause an accident ed Resident #91's broken side rail omitted work orders. She further 08/2020, revealed work order #838
	submitting electronic work orders; I program. The Maintenance Directo	ector, on 01/10/2020 at 9:34 AM, revea however, housekeeping staff did not ha r stated staff notified him of the broken buld be repaired immediately to ensure	ve access to the work order rail during the survey. Further

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con		agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0730	Observe each nurse aide's job performance and give regular training.		
Level of Harm - Minimal harm or potential for actual harm	28733		
Residents Affected - Many	ensure the Certified Nurse Aides (C	ord review, and facility policy review, it CNA) received and completed the requ of seven (7) sampled CNA personnel fi	ired annual twelve (12) hours of
	#16, #17, #18, #19, #20, and #21.	he facility failed to ensure completion of In addition, the facility failed to ensure dence of continuing education (CE) bas el record.	CNAs #15, #16, #17, #18, #19,
	The findings include:		
	Nurse Aide personnel should particle personnel were required to attend a in-service training would be based weaknesses identified in the review competence of the Nurse Aides. Th per employment year of annual in-service training classes attend all in-service training classes attend Record of In-Service, by the depart	ervices Training Program, Nurse Aide metions ipate in regularly scheduled in-service regularly scheduled in-service training of on the outcome of the annual performa- vs. The policy revealed annual in-service he policy noted Nurse Aides were to ha servicing which was to include training t, Dementia management and abuse pri- ded by the Nurse Aides should be enter iment supervisor or other person as de uld be filed in the employee's personne	training classes. Per the policy, al classes. Continued review revealed ance reviews, addressing ces were to ensure the continuing two no less than twelve (12) hours which addressed the care of revention. Further review revealed red on the respective employee's signated by the supervisor. The
	#16, #17, #18, #19, #20, and #21 r	y) requested the annual evaluations/pe egarding their work performance for the l evidence of the seven (7) CNAs' annu	e past year. However, the facility
		file revealed her date of hire was 06/03 or the time frame of 06/03/2018 throug	
	2. Review of CNA #16's personnel file revealed his date of hire was 09/27/2010. Continued review revealed only one (1) hour of CE documented for the time frame of 09/27/2018 through 09/27/2019.		
	· · · ·	file revealed his date of hire was 01/10 mented for the period of 01/10/2019 th	
		file revealed his date of hire was 03/20 f CE documented for the period of 03/2	
	(continued on next page)		
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0730 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	 only one (1) hour of CE documented 6. Review of CNA #20's personnel zero (0) hours of CE documented for 7. Review of CNA #21's personnel zero (0) hours of CE documented for Interview with the Staff Developmenewly hired as of 01/07/2020. She Tuesday, 01/07/2020 and Wednesd Director of Nursing (ADON). Review of the Assistant Director of essential responsibilities included presential responsinteresponsibilities included presential responsibilitie	ng (DON), on 01/10/2020 at 2:45 PM, r or the previous year. She stated she w eted. Per interview, she stated she had last month or so. Although she was ulti ot have any audits on personnel files in es (HR) Director, on 01/10/2020 at 3:45 ny of the staff. 101/10/2020 at 3:34 PM, revealed he re the former Clinical Educator/SDC had resig view, the new SDC had started on 01// ram; however, it was not utilized. Conti ent in the personnel records were inacco was not effective for the monitoring of going CE hours for the seven (7) CNAs As reviewed had completed their requir was not sure, if any of the evaluations r ensuring the evaluations were filed in ecent Quality Assurance meeting minu	12/30/2019. //2015. Continued review revealed //24/2019. //2016. Continued review revealed //0/2019. It 12:42 PM, revealed she had been eneral orientation program on er orientation with the Assistant ion, dated August, 2019, revealed training education training. In ce the personnel policies of the only started being involved in the esignation of the prior Staff ded her any of the continuing evealed she was not aware the as not aware of any annual d not been involved in any of the imately responsible for staff o progress. 5 PM, revealed the facility had not ecently assumed the role of provided or tracked the CE's for the inued interview revealed the surate. The Administrator stated the the CE program. He stated the s reviewed. Further interview red annual twelve (12) hours of CE. had been completed. However, the personnel files. He stated he

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0760	Ensure that residents are free from	significant medication errors.	
Level of Harm - Minimal harm or potential for actual harm	41851		
Residents Affected - Few	failed to ensure nursing administer (32) sampled residents (Resident # Intravenous (IV) Heparin flush per a #2, on 01/10/2020, revealed the LF	ecord review, and the facility's policy re ed medications according to physician' (110). Licensed Practical Nurse (LPN) a Peripherally Inserted Central Cathete PN was unable to flush Resident #110 F I flushed Resident #110 PICC line with hout a physician's order.	s orders for one (1) of thirty-two #2 failed to obtain orders for or (PICC) line. Observation of LPN PICC line with Normal Saline
	The findings include:		
	Review of the facility's policy, Admi administered in accordance with pr medication, checks the label three time and right method (route) of ad Services supervises and directs all	ne. The individual administering th ht medication, right dosage, right on. The Director of Nursing	
	diagnoses of Partial Traumatic Am Tissue, Type 2 Diabetes Mellitus w ordered Normal Saline flush ten (10	record revealed the facility admitted the putation of Left Great Toe, Local Infect ith other diabetic neurological complica 0) milliliters (ml) every eight (8) hours a enous medication. Further review reve	ion of the Skin and Subcutaneous ation. In addition, the physician nd flush with ten (10) ml of Normal
	medication pass, revealed she was (PICC) line with Normal Saline befor the resident's PICC line with two po #2 stated he/she did not check to v should have checked the orders be the physician for an order before gi	ensed Practical Nurse (LPN) #2, on 01, a unable to flush Resident #110's periplore giving the intravenous (IV) antibiotion bint five (2.5) ml of Heparin 100 units/m erify if Resident #110 had orders for H fore administering the Heparin flush. S ving the medication. In addition, she sho ve had an allergic reaction from the me	herally inserted central catheter c. She then was observed to flush al without a physician's order. LPN eparin flush via PICC line and the stated she should have called hould have checked the resident's
		Nursing (ADON), on 01/10/2020 at 2:5 medication before administrating the r	
	(continued on next page)		

Image: Instruction Image:	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED 01/11/2020
Highlands Nursing and Rehabilitation 1705 Stevens Avenue Louisville, KY 40205 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) F 0760 Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident. Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication. He stated the resident.		185039	B. Wing	
Instruction reaction and reaction domination Louisville, KY 40205 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) F 0760 Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administration, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
(X4) ID PREFIX TAGSUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)F 0760Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident.Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	Highlands Nursing and Rehabilitation	on		
(Each deficiency must be preceded by full regulatory or LSC identifying information)F 0760Level of Harm - Minimal harm or potential for actual harmResidents Affected - FewInterview with Administration, in order for a medication before the nurses gave the medication. He stated the resident.	For information on the nursing home's	plan to correct this deficiency, please cont	act the nursing home or the state survey a	agency.
Level of Harm - Minimal harm or potential for actual harmof DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident.Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	(X4) ID PREFIX TAG			on)
	Level of Harm - Minimal harm or potential for actual harm	Interview with Director of Nursing (I of DON and had only begun to audi education with nursing staff when s medication administration. In additid either. She stated the nursing staff DON stated administrating Heparin Interview with Administrator, on 01/ obtain an order for a medication be	DON), on 01/10/2020 at 3:30 PM, reveat t nursing services provided. She stated he identified learning opportunities. Ho on, the contracted Pharmacy Services should obtain an order for any medicat IV without and order could cause blee 10/2020 at 3:58 PM, revealed his expe fore the nurses gave the medication. H	aled she recently assumed the role d she completed real time wever, she had not audited did not audit medication pass ion administered to a resident. The ding to the resident. ectation was for nursing staff to le stated the resident could

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	Highlands Nursing and Rehabilitation 1705 Stevens Avenue Louisville, KY 40205		
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0761 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Ensure drugs and biologicals used professional principles; and all drug locked, compartments for controlled 34116 Based on observation, interview, ar medications were stored securely in medication carts. Observations reve The findings include: Review of the facility's policy Secur the medication cart during medicati at all times when out of the nurse's used, it must be locked and parked Review of the facility's policy Admir medications, the medication cart wa aide. The policy stated no medication Observation, on 01/09/2020 at 10:2 observation revealed the lab and m Licensed Practical Nurse (LPN) #13 to prevent resident access because stated she may not have pushed th Observation of the medication cart were unlocked and unattended by s Observation, on 01/06/2020 at 3:27 nurse's station on 1B with his back the unlocked medication cart withou Observation, on 01/10/2020 at 3:28 nurse's station was unlocked and u 3:31 PM, revealed Certified Medica Observation, on 01/10/2020 at 3:34 cart (Rooms 223 - 230). Further ob station, stood with her back to the c	in the facility are labeled in accordance is and biologicals must be stored in loc d drugs. and facility policy review it was determin in one (1) of four (4) medication rooms, ealed medication carts and medication ity of Medication Cart, revised April 20 on pass to prevent unauthorized entry view. The policy further revealed wher at the nurses' station or inside the me histering Medications, revised April 201 as kept closed and locked when out of ons should be kept on the top of the ca 22 AM, revealed the 2B Unit medication edication refrigerators inside the med a confused resident could take a med e door all the way shut when she cam- on 1B Unit, on 01/06/2020 at 1:06 PM staff. 7 PM, revealed Licensed Practical Nurs to his unlocked medication cart. In add	e with currently accepted cked compartments, separately ed the facility failed to ensure 2B Unit and two (2) of eight (8) rooms unlocked and unattended. 07, revealed the nurse must secure and carts must be securely locked in the medication cart was not being dication room. 9, revealed during administration of sight of the medication nurse or art. In room door was open. Further were unlocked. Interview with ication room should remain locked dication and get sick. LPN #13 e out of the room. revealed both medication carts se (LPN) #1 was seated at the dition, the Administrator walked past ms 235 - 249) located in front of the medication cart, on 01/10/2020 at d locked the cart. new medications on the medication ay from the cart to the 2B nurse's

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	I tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0761 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview with CMT #2, on 01/11/20 controlled medications should be d resident or someone passing by the medication and get sick or overdos Interview with Licensed Practical N should be stored inside a locked m LPN #15 stated it was important to a resident or staff could take the m a resident could potentially ingest the Interview with the Administrator, on (6) days. He stated he was not away the issues during this survey proce	D20 at 11:12 AM, revealed medication southe-locked, to prevent them from get e cart could take the medication and a e. urse (LPN) #15, on 01/11/2020 at 10:3 edication cart/room and controlled medication to mainte edication if it was left unattended on to he medication and have an allergic real 101/11/20 at 2:03 PM, revealed he can are of the medications issues. He state ss. However, he became aware of the ated he did have expectation the staff f	should always be locked up, and ting stolen. CMT #2 stated a resident could ingest the 4 AM, revealed all medications lication should be double locked. ain accountability. The nurse stated p of the cart. According to LPN #15, ction or overdose. ne to his current role in the last six d he had become aware of some of medication issues on Tuesday of

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's p	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0812 Level of Harm - Minimal harm or potential for actual harm	Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 34116		
Residents Affected - Many	Based on observation, interview, record review, and facility policy review, it was determined th to ensure food was stored, prepared, served and distributed under sanitary conditions. Observ revealed food stored open to air and undated, the dish machine failed to meet the required ter sanitization and the facility failed to calibrate the thermometer used to ensure safe food tempe addition, the facility failed to cover food items on meal trays served to resident rooms on four (nursing units, 1B, 1C, 2B, and 2C. The findings include:		
	1. Review of the facility's policy, Labeling and Dating, dated October 2018, revealed all packaged foods removed from original packing (original case) would be dated with the date received and the date opened if opened (i.e. bags of frozen vegetables removed from the original case).		
	 responsible for labeling/dating food Observation of the walk-in freezer, patties and one (1) box of crinkle of bags of beef patties and carrots we facility policy. Interview, with the Dirfor ensuring opened packages were important to date and store food in further stated he conducted daily w dated. 2. Review of the facility's policy, Ca the policy was to ensure thermome order. The policy revealed probe th revealed the information obtained w Observation of the facility's food se calibrate the thermometer prior to o the observation, revealed thermome Interview with the Cook, on 01/09/2 however, the calibration was not do ensure food reached appropriate terminet for the Surveyor (State Survey Agence) 	on for the Dietary Cook, dated August s, rotating foods properly, and checkin on 01/06/2020 at 10:10 AM, revealed t ut carrots stored in open plastic bags. F re open to air, and had not been labele etary Manager during the observation, e properly closed and labeled with the properly closed packages to ensure th alk through audits to ensure food store librating Food Thermometers, dated M ters, used for obtaining food temperatu ermometers were to be calibrated wee vas to be recorded on the Weekly Food rvice, on 01/07/2020 at 11:35 AM, reve btaining temperatures of the food on th eters were calibrated quarterly and as 020 at 3:13 PM, revealed thermomete ocumented. The Cook stated it was imp imperatures to prevent potential food b y) requested the log of weekly thermor evidence of a log containing the weekly	g foods for proper storage. wo (2) boxes of frozen ground bee Further observation revealed the ed with an opened date as per revealed the Cook was responsibl opened date. He stated it was e quality of the food. The Manager ed in the freezer was labeled and larch 2019, revealed the purpose of ures, were in accurate working kly or as needed. Further review d Temperature Log. ealed the Dietary Manager failed to be steam table. Interview, during needed. rs were calibrated once a week; bortant to calibrate thermometers to orne illness.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0812 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	the dish machine's wash/rinse cycle monitored throughout the day. The temperature and sanitizer readings	sh Machine Monitoring, dated October es and/or parts per million (PPM) of che policy revealed Dietary staff were to be of the mechanical dish machine. Furth yould meet the manufacturer's recomm	emical sanitizing was to be provided a log to record the er review revealed the
	Review of the Auto-Chlor System D2 Watersaver Dishmachine specifications revealed a one hundred twent (120) degree Fahrenheit (F) Minimum Water Temperature.		
	Observation of the facility's dish machine, on 01/08/2020 at 10:43 AM, with the Dietary Aide, revealed no temperature registered on the thermometer gauge. Interview with the Dietary Aide, during the observation revealed he was responsible for checking the temperature. Further interview revealed he stated the temperature was one hundred eighty (180) degrees F when he checked the temperature earlier.		
	Review of the Dish Machine - PPM Sanitizer Record Log, dated 01/08/2020, revealed staff logged the morning water temperature as one hundred twenty-eight (128) degrees F.		
	Further observation of the facility's dish machine, on 01/08/2020 at 10:48 AM, with the Dietary Manager revealed the water temperature was only ninety-two (92) degrees F using a handheld thermometer. Intervie with the Dietary Manager, during the observation, revealed the dish machine temperature was to reach one hundred twenty (120) degrees F for sanitizing dishes.		
	Further interview with the Dietary Aide, on 01/09/2020 at 3:23 PM, revealed the temperature of the dish machine should reach one hundred twenty (120) degrees F. He stated he was responsible for notifying the Supervisor of any issues with the dish machine temperature. According to the Aide, it was important to ensure the machine reached the correct temperature to remove bacteria from the dishes because residents could get sick otherwise.		
	Interview with the Cook, on 01/09/2020 at 3:13 PM, revealed the Dietary Aides were responsible for monitoring the temperature of the dish machine and for reporting any issues to the Supervisor as needed.		
	Additional interview with the Dietary Manager, on 01/09/2020 at 3:33 PM, revealed the dish machine temperature was to be at one hundred twenty-five (125) degrees F to prevent bacterial growth and potential foodborne illness. The Manager stated he monitored the temperature logs daily and had not identified any issues.		
	ensure the dish temperature was con- He stated that storage and labeling foodborne illnesses. He stated his of	01/11/2020 at 1:53 PM, revealed it was precent for sanitation to prevent food bor prevented the potential contamination expectation was for the Dietary Staff to or stated he was not aware if any of the arrival.	ne illness in the elderly population of food and prevention of follow the policies and maintain
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey :	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0812 Level of Harm - Minimal harm or potential for actual harm	4. Review of the facility's policy Food Production, dated March 2019, revealed prepared food would be transported to other areas either covered or in covered containers/enclosed carts. The policy further revealed any utensils or dishware transported to other areas would either be covered or placed in covered containers/enclosed carts.		
Residents Affected - Many	Observation of the 2B Unit dining, on 01/06/2020 at 12:45 PM, revealed a dining cart located in the corridor outside room [ROOM NUMBER]. Further observation of the cart revealed the slices of cake served on the lunch trays were not covered and were exposed to air. Certified Nursing Assistant (CNA) #1 removed a tray from the cart, walked down the hall with the uncovered cake, and served it to the resident in room [ROOM NUMBER]-1. The CNA returned to the cart, removed a tray, left the door to the cart open, and walked the tray down the hall to room [ROOM NUMBER]-2. CNA #1 continued to carry the lunch trays down the hall ar served the uncovered cake to Rooms 228-2 and 223-2.		
Further observation of 2B dining revealed CNA #2 removed a tray from the cart NUMBER]-2 with the cake uncovered. Interview with CNA #13, on 01/10/2020 at 10:06 AM, revealed staff should push as they served the meal trays. The CNA further revealed it was not acceptable to the hall and stated food should be covered at all times to prevent contamination.			e cart and walked to room [ROOM
			table to carry uncovered food dowr
Interview with CNA #11, on 01/10/2020 at 10:16 AM, revealed staff shoul uncovered food because dust or something else could get in the food.		d not walk down the hall with	
	Interview with Licensed Practical Nurse (LPN) #11, on 01/10/2020 at 11:52 AM, revealed staff should not carry uncovered food down the hall because germs in the air could get on the food.		
	Interview with the Cook, on 01/09/2020 at 3:13 PM, revealed food on the meal tray should be covered because dust could get in the food if staff carried the tray down the hall.		
	Interview with the Dietary Aide, on 01/09/2020 at 3:23 PM, revealed food transported from the kitchen should be wrapped and covered to prevent contamination.		
	Interview with the Dietary Manager, on 01/09/2020 at 3:33 PM, revealed food transported inside the dining cart did not have to be covered. He stated staff were supposed to close the door of the cart between each tray pass and deliver the trays one at a time, moving the cart as they served. The Dietary Manager stated there was a potential for contamination of uncovered food if the meal trays were carried down the hall.		
	Interview with the Administrator, on 01/11/2020 at 1:53 PM, revealed there was a lot of work for the facility moving forward as he had identified multiple areas of need during his first week onsite. He stated the lack of covering the trays, food items and leaving the meal cart doors open provided opportunity for the food to become contaminated. He stated the act of carrying trays down the hall uncovered allowed opportunity for the food to get dust particles, or environmental containments. Continued interview revealed covering the food items would prevents the opportunity for foodborne illness. In addition, keeping the food carts closed helps to maintain the food at the appropriate serving temperatures.		

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880	Provide and implement an infection prevention and control program.		
Level of Harm - Minimal harm or potential for actual harm	41851		
Residents Affected - Some	Based on observation, interview, record review, and facility policy review, it was determined the facility fait to implement an effective infection control program related to staff not washing their hands between glove changes during the medication administration observation.		
	The findings include:		
	 Review of the facility's policy Handwashing and Hand Hygiene, revised August 2015, revealed the facility considered hand hygiene the primary means to prevent the spread of infections. All personnel shall follow the hand washing and hand hygiene procedures to help prevent the spread of infection to other personnel, residents, and visitors. Use of alcohol based hand rub containing at least 62% alcohol; or alternatively, soap and water for the following situations: Before and after handling an invasive device (IV {intravenous} access sites). Review of Resident #110's clinical record revealed the facility admitted the resident on 12/10/2019, with the diagnoses of Partial Traumatic Amputation of Left Great Toe, local Infection of the Skin and Subcutaneous Tissue. Type two (2) diabetes mellitus with other Diabetic Neurological Complication. Review of Resident #110's medication record dated 12/10/2019-12/31/2019, revealed the resident had a peripherally inserted central catheter (PICC) for administration of intravenous antibiotic with start date 12/11/2019. 		
	Interview with Licensed Practical Nurse (LPN) #2, on 01/10/2020 at 11:23 AM, revealed that you must wash your hands between glove changes to prevent the spread of infection. LPN #2 stated she had failed to wash her hands between glove changes which could potentially result in cross contamination. The LPN stated this created an increased risk for infection for the residents.		
	Interview with the Assistant Director of Nursing (ADON), on 01/10/2020 at 2:57 PM, revealed she expected staff to perform hand washing between glove changes. The ADON stated the effect on the resident could be a potential for infection.		
	Interview with the Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she expected staff to perform hand washing between glove changes. She stated the infection was a potential risk to the resident when staff failed to practice hand washing before and after glove changes.		
	Interview with the Administrator, on 01/10/2020 at 3:58 PM, revealed, he was not aware of any problems with hand washing in the facility. He stated the staff were supposed to wash their hands as needed when required, and in-between caring for one resident to another resident. He stated the effect to the resident could result in the spread of infection, and lead to sickness and dehydration.		